



On my honor, I will... not do this alone!

Girls who have family support and participation in their Girl Scout adventures are more likely to stay and troops excel when parents are part of the fun. Ask your troop families to volunteer a minimum of four hours this year...4Her!

Make families feel welcome

Studies show that many potential helpers think they are not needed or don't know how to pitch in. Within the same troop, leaders sometimes wonder why no one helps out! End the confusion by making clear, warm requests for help. This guide will provide resources and tips to get started.

Family volunteers can...

- Provide special talents and skills that enrich the troop experience
- Take significant pressure off the primary troop leaders
- Provide logistical support-like driving help-so the troop can enjoy more adventures.
- Become engaged in a meaningful way with the troop, leading to greater understanding of Girl Scout Leadership goals
- Directly witness their girl's growth in Girl Scouts
- Show their girl that volunteerism helps make the troop community successful, and sets the stage for her own future volunteerism.
- Show their girl that what matters to her, matters to the family.
- Create a volunteer troop labor pool that is more organized, reliable and engaged.
- Model a team of resourceful collaboration with others to achieve a common goal. What a great thing for girls to see!
- Remind parents that girls will only get out of the program what the parents volunteer to put into it!

Share the mission

You know Girl Scouts is more than crafts and camping, but to parent or guardians, especially those new to Girl Scouts, may not realize it is a leadership experience. At a parent meeting, tell them about our mission and the long-term benefits of Girl Scouts. Let parents know how we achieve those outcomes by using these processes: girl-led, learning by doing and cooperative learning.

Provide “CPR” for a healthy troop!

Don't wait until your troop-or own energy-is on life support! Use the acronym to remember critical points:

Communicate needs and expectations with parents

Provide options for participation

Recognize troop volunteers-and their girls!

Communicate needs and expectations with parents Provide the 4Her Commitment materials at the parent/guardian meeting. Hold the meeting early in the year, so you can get all tasks covered. Do not be afraid to say that you can't do it all yourself. Help volunteers know the specifics of tasks they are doing.

Provide options for participation

Use the menu of possible positions and tasks on the 4Her Parent Form, or create your own signup sheet. Give enough detail so each volunteer can find their best fit. Need another type of help? That is OK-just write up a quick description.

Be flexible to engage even the busiest families. Grandparents, older siblings or any qualified adult can pitch in.

Check the Family Info Sheet, and see who has talents, hobbies or occupations that might fit the girls' needs. Engage that person in a way that helps them shine!

Recognize troop volunteers-and their girls

Perform recognitions at any troop meeting, or at a Court of Awards Ceremony

- Appreciation Certificate
- A thank you note, signed by all the girls in the troop, or a special note from you.
- Other tokens of appreciation-check out Pinterest for Volunteer Appreciation Ideas



Yes! I can help!



Place a checkmark in the boxes next to the things that you can do to help make this a great Girl Scout Leadership Experience for all the girls in the troop! Please return this form to the troop coleaders. **Note:** *All adults who help the troop regularly, have regular contact with girls, transport girls, or handle troop funds must have a membership and clear background check.*

Name: _____ Girl's Name: _____

Phone: () _____ Email: _____

I can do this!	Positions *Training available <i>See NOTE above</i>	Quick Description
	<u>Co-leader*</u>	<ul style="list-style-type: none"> • Can help lead a meeting or other troop activities
	<u>Troop Money Manager*</u>	<ul style="list-style-type: none"> • Helps with budgeting, collections, deposits and payments • Keeps accurate troop records and submits financial reports in a timely manner • Primary signer on the troop checking account
	<u>Troop Nut Manager (TNM)*</u>	<ul style="list-style-type: none"> • Manages and coordinates troop participation in the Fall Product Program • Attends Community Team product program training • Trains girls and parents/guardians at the troop meeting • Reviews and distributes product orders and prizes
	<u>Troop Cookie Manager (TCM)*</u>	<ul style="list-style-type: none"> • Manages and coordinates troop participation in the Girl Scout Cookie Program • Attends Community Team cookie program training • Trains girls and parents/guardians at a troop meeting • Confirms orders with parents/guardians and enters all data into Cookie Program database (eBudde)
	<u>Cookie Program Booth Chaperone</u>	<ul style="list-style-type: none"> • Sets up booth table and chaperone shifts of girls during booth sales • Ensures girls are following guidelines • Collects money from booth sale and returns to troop cookie manager
	<u>Service Project Coordinator</u>	<ul style="list-style-type: none"> • Helps troop leaders and girls plan and complete community service projects
	<u>Troop Camp Leader, a.k.a. camping parent*</u>	<ul style="list-style-type: none"> • Helps plan camp outings or other outdoor experiences with girl and adult input
	<u>Driver</u>	<ul style="list-style-type: none"> • Transports group of girls to field trip locations • Must have a valid driver's license and vehicle insurance
	Shopper or prepper	<ul style="list-style-type: none"> • Shops for troop supplies, including badges, or prepares needed materials
	<u>Troop Photographer</u>	<ul style="list-style-type: none"> • Takes photos of events and posts to online site or creates memory book • Ensures girls in posted photos have signed media releases
	<u>Song Expert/Game leader</u>	<ul style="list-style-type: none"> • Researches and teaches girls group games to play • Researches and teaches Girl Scout songs or other songs for troop activities
	Child Care	<ul style="list-style-type: none"> • Help watch leaders' other children during meetings
	Other	



4Her Commitment

I promise to contribute to the success of my child's Girl Scout Troop # _____ this year by volunteering a minimum of four hours of my time.

Parent/Guardian Name: _____

Girl's Name: _____

Email: _____

How I will help: _____

 girl scouts
of southwest texas



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