

# Safety Activity Checkpoints Matrix

<b>L E G E N D</b>	X = Appropriate for typical girls of this age group. Assess girls' abilities objectively						
	L = Limited situations for this age group. <a href="#">See Safety Activity Checkpoints for guidance</a>						
	NR = Activity is not recommended for the age level						
	Before you begin to plan, <a href="#">read Safety Activity Checkpoints Intro and the specific checkpoints</a>						
	Permission slips are required for all girl activities other than regularly scheduled meetings						
	Information in Safety Activity Checkpoints						
		Appropriate for Program Levels:					
Activity	Approval Form Needed	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Amusement Parks	Yes	X	X	X	X	X	X
Animal Interaction and Adventure	Yes	X	X	X	X	X	X
Arts & Crafts (See Miscellaneous SAC)	Yes	X	X	X	X	X	X
Backpacking	Yes	NR	NR	X	X	X	X
Bicycling	Yes	X	X	X	X	X	X
Camping (includes any overnight)	Yes	X	X	X	X	X	X
Climbing and Adventure							
Challenge Courses	Yes	L	L	X	X	X	X
Climbing & Rappelling	Yes	L	L	X	X	X	X
Recreational Tree Climbing	Yes	NR	NR	X	X	X	X
Ziplining	Yes	NR	L	X	X	X	X
Computer & Online	Yes	X	X	X	X	X	X
Girl Scout Cookies & Council-Sponsored Product Sales	Yes	X	X	X	X	X	X
Cross Country Skiing	Yes	NR	NR	X	X	X	X
Downhill Skiing	Yes	NR	NR	X	X	X	X
Fencing	Yes	X	X	X	X	X	X
Fishing and Ice Fishing	Yes	X	X	X	X	X	X
Geocaching	Yes	L	X	X	X	X	X
Go-Carts	Yes	NR	NR	L	X	X	X
Hayrides	Yes	X	X	X	X	X	X
Hiking	Yes	X	X	X	X	X	X
Horseback Riding	Yes	X	X	X	X	X	X
Ice Skating	Yes	X	X	X	X	X	X
Indoor Skydiving	Yes	NR	NR	X	X	X	X
Indoor Trampoline	Yes	NR	X	X	X	X	X
In-Line Roller Skating or Roller Skating	Yes	X	X	X	X	X	X

Activity	Approval Form Needed	Appropriate for Program Levels:					
		Daisy	Appropriate for Program Levels:		Cadette	Senior	Ambassador
<b>Inflatables</b>							
Aquatic Bounce Houses and Slides	Yes	NR	X	X	X	X	X
Aquatic Climbing Walls	Yes	NR	NR	X	X	X	X
Bubble Soccer	Yes	NR	NR	X	X	X	X
<b>Land Sports (See Miscellaneous SAC)</b>							
Laser Tag (See Miscellaneous SAC)	Yes	X	X	X	X	X	X
Offshore Water/Large Passenger Vessels	Yes	X	X	X	X	X	X
Orienteering	Yes	NR	NR	X	X	X	X
Outdoor Cooking (Adult must have TCL training)	Yes	X	X	X	X	X	X
<b>Paddle Sports</b>							
Canoeing	Yes	L	X	X	X	X	X
Corcl Boats	Yes	NR	X	X	X	X	X
Kayaking	Yes	NR	X	X	X	X	X
Row Boating	Yes	L	X	X	X	X	X
Whitewater Rafting	Yes	NR	L	L	X	X	X
<b>Parades &amp; Other Gatherings</b>							
Playgrounds	Yes	X	X	X	X	X	X
Sailing	Yes	NR	NR	X	X	X	X
Scuba Diving	Yes	NR	NR	NR	X	X	X
Segway	Yes	NR	NR	NR	X	X	X
Skateboarding	Yes	NR	X	X	X	X	X
Sledding, Tobogganing & Snow Tubing	Yes	X	X	X	X	X	X
Snorkeling	Yes	NR	NR	X	X	X	X
Snowshoeing	Yes	X	X	X	X	X	X
Spelunking/Caving	Yes	NR	NR	X	X	X	X
Standup Paddleboarding	Yes	X	X	X	X	X	X
<b>STEM – Science Technology Engineering &amp; Math</b>	Yes	X	X	X	X	X	X
Surfing	Yes	NR	NR	X	X	X	X
Swimming	Yes	X	X	X	X	X	X
<b>Target Sports</b>							
3-D Archery	Yes	NR	NR	X	X	X	X
Air/BB Guns	Yes	NR	X	X	X	X	X
Archery	Yes	NR	X	X	X	X	X
Slingshot	Yes	X	X	X	X	X	X
Others - Refer to <a href="#">Safety Activity Checkpoints</a>							
<b>Tethered Balloon Rides</b>							
Tethered Balloon Rides	Yes	NR	NR	X	X	X	X
Travel/Trips (includes any overnight)	Yes	X	X	X	X	X	X
Tubing	Yes	NR	NR	X	X	X	X
Waterskiing and Wakeboarding	Yes	NR	NR	X	X	X	X
Windsurfing/Sail Boarding	Yes	NR	NR	X	X	X	X