

Kara Curtis  
Arlington, MA



Kara serves as Director of Business Development at CVS Health, focused on products serving adults with disabilities and the elderly. She has over 25 years of government programs experience in Medicare, Medicaid, and managed long-term care and specializes in translating government health policies and business strategies into new products and solutions for complex care populations. Kara's professional experience spans from start-ups to large, matrixed organizations across the country. She has held various leadership roles in government affairs, compliance, product development, and operations. Kara has served as adjunct professor in the Elder Care Management Program at Lasell University and as a speaker at industry conferences over the past fifteen years. Kara is a member of Boston Women's Leadership Council and recently launched a Daughterhood Circle chapter in MA. Daughterhood Circles is a not-for-profit organization with chapters throughout the U.S. where small groups of women (daughters) gather to navigate the challenges with caregiving of older adults. Kara holds a BA from Pennsylvania State University and a master's in public administration from Maxwell School of Public Affairs at Syracuse University.