

# Girl Scouts LGBTQ+ Pride Month Fun Patch Recommendations

Dear Troop Leader, Volunteer, Parent and or Caregiver,

Thank you for taking part in <u>Girl Scouts' Multicultural Community Celebration fun patch – "I Am a Girl Scout!"</u>.



We're stronger together and by acknowledging the diversity, heritage, and contributions of our multicultural communities, Girl Scouts can find new ways to make the world a better place for everyone.

Girl Scouts of all levels, their friends, and leaders have plenty of activities to choose from to earn each segment of this fun patch. You can participate in all the community celebration fun patches or select a few. Through these activities you'll discover interesting new things about your neighbors—and yourself.

Following are a few recommendations for you to consider as you prepare to participate in the LGBTQ+ Pride Month Celebration - "I Am a Girl Scout!" fun patch.

Before starting on the LGBTQ+ patch activities, familiarize yourself with words and concepts as found in <u>GLSEN's Key Concepts and Terms</u>, commonly used to describe lesbian, gay, bisexual, trans, and queer identity. You don't have to know everything before talking to your troop. In fact, you might even consider admitting what you don't know. Conversations can be wonderful opportunities to learn from each other. For more resources to spark conversation, <u>GLSEN has a list of book recommendations</u>.

It's important for your troop meeting to be a welcoming place where all its members feel safe and included in their troop. Since this may be considered a sensitive topic, here are a few items within *Girl Scouts*Volunteer Essentials that could provide helpful guidance:

### **Creating a Safe Space for Girls**

A safe space is where girls feel they can be themselves, without explanation or judgment. As a volunteer, the environment you create is just as important as the activities girls do; it's the key to developing the sort of group that girls want to be part of! Cultivate a space where confidentiality is respected, and girls can express their true selves.

### When Sensitive Topics Come Up

It's an amazing feeling when your Girl Scouts put their trust in you—and when they do, they may come to you with some of the issues they face, such as bullying, peer pressure, dating, athletic and academic performance, and more. Some of these issues may be considered sensitive by families, and they may

have opinions or input about how, and whether, Girl Scouts should cover these topics with their girls. Girl Scouts welcomes and serves girls and families from a wide spectrum of faiths and cultures. When girls wish to participate in discussions or activities that could be considered sensitive—even for some— put the topic on hold until you have received guidance from your council, spoken with parents and considered using the Parental Permission Single Activity Form provided by your council.

### Creating an Atmosphere of Acceptance and Inclusion

Girl Scouts is for every girl, and that's why we embrace girls of all abilities and backgrounds with a specific and positive philosophy of inclusion that benefits everyone. Each Girl Scout—regardless of her socioeconomic status, race, ethnicity, physical or cognitive ability, sexual orientation, primary language, political belief, or religion—is an equal and valued member of the group, and groups reflect the diversity of the community.

### **Report Concerns**

There may be times when you worry about the health and well-being of girls in your group. Alcohol, drugs, sex, bullying, abuse, depression, and eating disorders are some of the issues girls may encounter. You are on the frontlines of girls' lives, and you are in a unique position to identify a situation in which a girl may need help. If you believe a girl is at risk of hurting herself or others, your role is to promptly bring that information to her parent/caregiver or the council so she can get the expert assistance she needs. Your concern about a girl's well-being and safety is taken seriously, and your council will guide you in addressing these concerns.

### **Crisis Hotlines:**

We encourage you to seek out help immediately if one of your girl scouts, you or a loved one needs it. Please reach out to your council immediately and or one of the organizations below.

- ➤ The Trevor Project (for LGBTQ+ youth up to age 24): (866) 488-7386 Text START to 678-678 Online chat: thetrevorproject.org/get-help/
- ▶ National Suicide Prevention Lifeline: (800) 273-8255
- ➤ Crisis Text Line: Text START to 741-741
- ➤ Trans Lifeline: (877) 565-8860
- ▶ The National Runaway Safeline: (800) RUNAWAY (800-786-2929)
- ▶ National AIDS Hotline: (800) 342-AIDS, (800) 344-7432 (Spanish), (800) 243-7889 (TDD)
- ▶ U.S. National Domestic Violence Hotline: (800) 799-7233 (English and Spanish), (800) 787-3224 (TTY)
- ▶ Rape Abuse and Incest National Network (RAINN): (800) 656-HOPE

## •

### **Girl Scouts**

### LGBTQ+ Pride Month Celebration Fun Patch Activities

June is LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer) Pride Month, an annual celebration of the achievements, impact, and contributions of the LGBTQ+ community in the United States. In June we also commemorate the Stonewall uprising which marks the beginning of a movement to outlaw discriminatory laws and practices against LGBTQ+ Americans. As Girl Scouts we deeply value diversity and inclusion. A Girl Scout is a friend and ally to all families.

Learning LGBTQ+ vocabulary can help be respectful of our LGBTQ+ friends and families in our community. The following definitions come from the Human Rights Campaign: Defining LGBTQ+ Words for Elementary School Students. Also in this article are additional recommendations to keep in mind when defining terms for children.

**Lesbian:** People who love people [or are attracted to people] of the same gender. Two women.

**Gay:** People who love people [or are attracted to people] of the same gender. Two men.

**Bisexual:** People who love people [or are attracted to people] of more than one gender.

**Transgender or Trans:** When your gender identity (how you feel) is different than what doctors/midwives assigned to you when you were born (girl/boy or sex assigned at birth).

**Queer:** People use this word as a way to identify with and celebrate people of all gender identities and all the ways people love each other. When used in a mean way, it is a word that hurts.

We've got plenty of activities for you to choose from as you join the LGBTQ+ Pride Month celebration. You'll discover and learn your way to earning a Fun patch!

#### Number of activities required to get the patch:

Daisy, Brownie, Junior (3) Cadette, Senior, Ambassador (6)

Now go get your patch! www.girlscoutshop.com



### **Theme Activities** Sketch a portrait of a member of the LGBTQ+ community past or present whom you admire. Then write a paragraph or draw a picture about their contribution to our country and why you chose them. (All Levels) 2. Make a music playlist featuring 12 LGBTQ+ artists. Talk about which songs you like the most. (All Levels) 3. Identify five books written by LGBTQ+ authors that you would like to read—and start reading one of them! (All Levels) 4. Make rainbow flags to celebrate LGBTQ+ Pride Month. (All Levels) 5. Create your own painting or drawing in the style of an American LGBTQ artist. Learn a little about their life and work while you are at it. (All Levels) 6. Draw a map of the United States and mark on it 6 LGBTQ+ historical landmarks and Art read about why they are important. (All Levels) 7. Create a poster displaying three quotes you love by three historical or contemporary leaders from the LGBTQ+ community. (J/C/S/A) 8. Watch and share with your friends a movie or documentary about LGBTQ+ history in the United States. Some examples you might want to consider include Milk (2008), We Were Here (2011), The Out List (2013), and Stonewall Uprising - PBS (2020). (C/S/A) 9. Memorize a poem (or part of one) by a LGBTQ+ poet (e.g., Elizabeth Bishop, Audre Lorde, Gertrude Stein, James Baldwin etc.). Read about their journey to becoming a poet. (C/S/A) 10. Read about the Stonewall Uprising in 1969 and its importance to the LGBTQ+ community. Write a poem about that historic day. (C/S/A) 11. Create a piece of art that celebrates how families come in all shapes, sizes, and kinds (mom(s), dad (s), grandparents, cousins and or close friends, etc.) and tell us one special thing about each person in your drawing. (All Levels) 12. Learn about Spirit Day. Then make a pledge to wear purple on October 21 to stand against bullying and to show your support for LGBTQ+ youth. (All Levels) 13. Visit the National Women's History Museum website and read about LGBTQ historical Community figures and how they advocated for their community in the larger gay movement. Share what you learned with your troop or family. (J/C/S/A) 14. Learn about a 3 famous LGBTQ+ chefs and or leaders in the food industry. What is their favorite part of their jobs and favorite dish? for extra fun, try to make one of their dishes. (J/C/S/A) 15. Participate in GLSEN's No Name-Calling Week. This week is to disrupt anti-LGBTQ+ harassment and bias-based bullying. (J/C/S/A)

- 16. Watch *Pride: The Story of Harvey Milk and the Rainbow Flag* Read Aloud Picture Book on YouTube for free and learn about the history of the rainbow flag. Draw a rainbow flag. (All Levels)
- 17. Attend an LGBTQ+ Pride celebration in June with your family or troop. (All Levels)

### Discovery

- 18. Read a children's book featuring LGBTQ+ characters. Here are a few recommendations: Love Makes a Family by Sophie Beer, Stonewall: A Building, an Uprising, a Revolution by Rob Sanders, I am Billie Jean King by Brad Meltzer, I Am Jazz by Jessica Herthel and Jazz Jennings or find one on your own. (All Levels)
- 19. Make a list of 3 LGBTQ+ athletes, the sport they participated in, when they competed, and the awards they won. (J/C/S/A)
- 20. Have a watch party with your family or troop of New York University's Stonewall at 50 documentary , currently streaming for free on YouTube. Discuss what you learned and felt with your group. (J/C/S/A)