

# Senses

Complete the five steps to earn your Senses Badge.

1. **Look around:** Learn about one of your five senses by exploring the world around you. Draw what you see!
2. **Listen to the world:** Sound is an important part of everyday life and helps us to learn about our world. What are five sounds that you hear every day?

Join Jessica to complete a sound craft! You will need the following materials: Water bottle (empty), goo gone, sticks/ twigs, and rice.

3. **Put your nose to work:** Try this fun smell [experiment](#) to see if you can determine which smell is which!
4. **Take a taste test:** It's time to try a new recipe or snack. Together with your family, try a food you haven't tried before or make your favorite snack and add a fun new ingredient.
5. **Touch and feel:** Learn more about your sense of touch in this fun [video](#)!