

# Girl Scout Daisy Launch

Her first step in becoming a Girl Scout Daisy starts here!

## Her First Daisy Program!

Daisy Launch is a patch program that girls and their caregivers can work on together to discover amazing opportunities as a new Girl Scout Daisy. Upon completing this program, your Girl Scout will earn her first patch!

## Earn Your First Girl Scout Patch!

Girl Scout Daisy Launch encourages girls to take the lead in their experience through decision making, active learning and working together with new friends. The program creates a safe space where girls can learn new things, develop a range of skills and just be themselves. To receive your girl's patch, complete one activity in each of the five steps on the next page. Check off each activity as she completes it, then follow the steps on the last page to submit your information.



**Fun**

**Friendship**

**Her Big Future**



**Girl Scout Daisy Launch helps girls thrive in 5 key ways as they:**

1. Display positive values
2. Form healthy relationships
3. Develop a strong sense of self
4. Seek challenges
5. Identify & solve problems in the community

# Girl Scout Daisy Launch

There are five different steps to earn the patch, each with three options. As you work together, give your girl the options to choose one in each step. Encourage her to take the lead and choose what she wants to do. This is a great way to test her decision making skills and will let you observe her leadership skills.

## 1. Positive Values (select one) Girl Scouts act ethically, honestly, responsibly, and show concern for others.

**Show and recognize acts of caring** - As a family, create happy faces and hearts to give out to people who are having a bad day (happy faces) or are showing kindness to others (hearts). Discuss how it felt to show others you care.

**Read a book together about respectful behavior** - Read a story about respecting others; discuss what is happening in the book and how that might make the characters feel. Pick a favorite story or one of the following options: Goldilocks and The Three Bears, Little Red Riding Hood, Cinderella, or The Three Billy Goats Gruff. After reading the story, think of three things each family member can do to be respectful.

**Talk about how people are alike and different** - Have your girl draw a picture using all the colors in a box of crayons, markers, or colored pencils. Discuss how all colors contribute something to the picture and how more colors make it look better. Discuss how this is like people who are different.

## 2. Healthy Relationships (select one) Girl Scouts develop and maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.

**Talk about how people communicate their feelings** - Both verbal and non-verbal communication are important. Play a game of charades where one person acts out an emotion as others try to guess what emotion they are acting out (sad, mad, happy, etc.) Provide some scenarios for these emotions like falling off a bike (sad), someone hitting them (mad), etc. As a family, create a collage by cutting out pictures of faces from magazines showing different facial expressions. Practice identifying the emotion based on the facial expression.

**Discuss what it means to be a friend** - How can you be a good friend to others? How can others be a good friend to you? As a family, create a skit or puppet show showing what it means and what it looks like to be a good friend.

**Conflict art** - Ask your girl to create a picture with her thumbprints to represent an argument. Draw faces on the thumbprints with a pen or pencil with your girl, and add a conflict that could happen. Once finished, talk about the scene together and make a new thumbprint picture that shows a better way to handle the situation.

## 3. Strong Sense of Self (select one) Girl Scouts have confidence in themselves and their abilities, and form positive identities.

**Put on a performance** - Read a story as a family about self-respect and discuss what is happening in the book and how the characters might be feeling. After reading the story, put on a puppet show or skit reenacting the story. Here are some story suggestions: Chester Raccoon and the Big Bad Bully by Audrey Penn, Giraffes Can't Dance by Giles Andreae, You Are Special by Max Lucado, The Saggy Baggy Elephant by K. Jackson.

**Create a character flower** - As a family, brainstorm some words that describe what kind of person each member of the family is. What words would your friends use to describe you? Talk about what these words mean and how you show that quality to others. Draw or cut out flower petals out of construction paper to create a flower for each member of the family with your characteristics written or drawn on the petals.

**Draw your family** - As a family, talk about what each person in your family is good at, what you like about one another, and what makes each person special. Have each member of the family draw a picture of him or herself, or use big paper to draw an outline around each person's body and decorate inside the outline. Be sure to include some of the ideas you talked about as a family. Share your drawings as a family.

**4. Challenge Seeking (select one)** Girl Scouts take appropriate risks, try things even if they might fail, and learn from mistakes.

**Read a book** - Read a book as a family that focuses on taking risks, trying new things, or learning from your mistakes. Talk about how a positive attitude can help us accomplish anything. After reading the story, think of one new thing you want to try as a family. Here are some book suggestions:

The Most Magnificent Thing by Ashley Spires, The Little Engine That Could by Watty Piper, Little Toot by Hardie Gramatky.

**Play a game**

**I Never Thought of That** - Gather a few everyday objects such as a trash bin, a shoe, and a pencil. With your girl, try to think of as many uses for each item as you can. Take turns thinking of as many ideas as you can in a minute, using a different object for each. To add an extra layer to the game, play this like Scattergories where players team up and all teams try to think of as many uses for each item. Points can be awarded for unusual and different ideas.

**Off the Ground** - In a cluttered playroom or small living room, work together to create a way to walk around the room without touching the ground (in a safe way!). Encourage one another to be creative. Talk about the challenge ahead and brainstorm some ideas before testing your plans.

**Set a goal** - Each day for one week set a family goal to try something new, different or challenging that day. Discuss why it is okay if you don't get it right the first time. The important thing is to keep trying. At the end of the day, or while challenging yourself, talk about the following questions:

- What did you learn today?
- What did you try hard at today?
- What mistake did you make that taught you something?
- How did it feel to try something new?

**5. Community Problem Solving (select one)** Girl Scouts desire to contribute to the world in purposeful and meaningful ways, learn how to identify problems in the community, and create "action plans" to solve them.

What are issues your family cares about? Are you concerned about the environment? Do you love animals and want to help homeless animals? Do you love to make others smile? Talk about what you might be able to do in your community (family, neighborhood, town, place of worship, etc.) to make the world a better place. Ideas might include:

**Bring joy to others** - Bring or send flowers to residents of a nursing home, make cards for troops overseas, make toys or dog biscuits for an animal shelter, or help a neighbor take care of their garden.

**Help around the house** - With your girl, think of at least one thing each person in the family can do to help the family for a week.

**Other:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# Get the Daisy Launch Patch!

Click this [link](#) or scan the QR code below to access the online form for your Girl Scout to receive her first patch. Patches will be mailed to the address entered on the form.



Already a Girl Scout Daisy? Share this program with a friend! If your friend completes the program & registers as a Girl Scout, you both will receive our BFF Girl Scout patch!



## Girl Scout Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

## Girl Scout Promise

*On my honor, I will try:*

To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

## Girl Scout Law

*I will do my best to be*

honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.



Contact Girl Scouts of NYPENN Pathways  
1.315.698.9400 or 1.800.943.4414 •  
[gsnypenn.org](http://gsnypenn.org) • [info@gsnypenn.org](mailto:info@gsnypenn.org)