



Parent/Guardian Handbook

Camp Winacka

Account login

To view your confirmation email, find camp details and complete important paperwork:

1. Go to sdgirlscouts.org/camp and click "Log in to my account".
2. Enter your username and password, or select "Forgot your password" to reset your password.
3. Complete all required forms in your account.

Important contact information

Camp Winacka Director
(619) 610-0690
campdirector@sdgirlscouts.org

Registration, Customer Care
619-610-0821
camp@sdgirlscouts.org

Emergency contact numbers

(Please use these numbers for emergencies only.)

Camp Winacka office
(760) 765-0600
Sunday, June 20-Sunday, Aug. 15, 2021
Typical hours: 7:30 a.m.-11:00 p.m. during sessions

(619) 610-0808
(Recorded message will be updated in case of emergency at camp, e.g. earthquakes, evacuations.)

Council Main Line
(619) 298-8391
Receptionist: M-F 8:30 a.m.-5:30 p.m.
Answering Service: 5:30p.m. – 8:30a.m. and weekends

Mountain information hotline

Table of Contents

Welcome to Summer Camp!.....	3
Camp Goals and Outcomes.....	3
Important Paperwork Left to Do.....	4
Health and Safety at Camp.....	4
General Policies.....	6
Communications with Campers, Parents/Guardians and Staff.....	7
Before camp.....	7
During camp.....	7
After camp.....	8
Preparing with your Camper.....	9
All campers.....	9
Nervous or new campers.....	11
Camp Packing List.....	12
Transportation.....	13
Bus Location Maps.....	14
Private Transportation Maps.....	15



Camps Winacka and Whispering Oaks are accredited by the American Camp Association, which means that the camps maintain high safety and quality standards in site, program, transportation, administration, personnel and health care. The American Camp Association has additional resources and information for parents on its website at campparents.org.

Welcome to Summer Camp!

This handbook will help you and your camper prepare for her adventure. You and your camper are responsible for all the information in this handbook, and their success at camp depends on your preparation.

We value communication as our best tool for a positive camp experience, and that starts with this handbook. Consider it a contract between us to support your camper the best way we can. This handbook covers two main areas:

- The nuts and bolts of keeping your kid safe, including things like paperwork, policies, communication and healthcare.
- The preparation, pep talks, support and messages we, as camp staff, and you, as parents or guardians, send to each camper to help them engage, gain and grow from attending camp. This includes homesickness, conflict resolution, challenges, new things, social connections, and more.

We're so excited your camper is joining us for camp this summer. We're always available for questions, so please don't hesitate to get in touch as you prepare for a wonderful summer.

- Girl Scouts San Diego Outdoor Team

Camp Goals and Outcomes

Camp is for everyone! We believe in creating a safe, fun, and emotionally supportive environment for youth of all abilities and disabilities, experiences, races, ethnicities, socio-economic backgrounds, sexual orientations, trans and gender nonconforming youth, religious and non-religious. Including everyone is the foundation on which we build campers of courage, confidence and character who make the world a better place.

Our Campers:

- Practice independence while living in a community with others (Confidence)
- Learn responsibility for themselves and their actions (Character)
- Develop problem-solving techniques (Courage)
- Practice social and friendship interactions without the distractions of the modern world (Character)
- Experience nature and the environment first hand and feel at home in nature (Courage)

Each camper attending camp works towards building skills in the 5 outcomes.



STRONG SENSE OF SELF

Girls have confidence in themselves and their abilities, and form positive identities.



POSITIVE VALUES

Girls act ethically, honestly, and responsibly, and show concern for others.



CHALLENGE SEEKING

Girls take appropriate risks, try things even if they might fail, and learn from mistakes.



HEALTHY RELATIONSHIPS

Girls develop and maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.



COMMUNITY PROBLEM SOLVING

Girls desire to contribute to the world in purposeful and meaningful ways, learn how to identify problems in the community, and create "action plans" to solve them.

Important Paperwork Left to Do

Please log in to your Active account (instructions on the front page of this packet) to check for these additional forms, if you need them:

- Financial assistance forms
- Specialty program information/agreements
- Note: Health history information is completed during registration; fill out the Health Update form if anything changes between registration and your camp session

You will also receive a Transportation Packet by U.S. mail approximately 1-2 weeks prior to the start date of your camper's session. The packet will include forms to bring with you to the bus stop or camp drop-off point, including:

- Pickup authorization card
- Luggage tags
- Medication Dispensation Sheet (Only complete if you are bringing medications to camp)
- Pre-camp Health Screening Form (Emailed to you with the COVID updates on 6/17/22)

If you do not receive or if you misplace your packet prior to camp date, spare forms and tags are available at the bus stop or camp drop-off point.

Health and Safety at Camp

- **Healthcare staff:**

- All of our resident camp staff are trained in first aid, CPR & AED.
- A full-time healthcare staff lives on the resident camp site. Healthcare staff hold higher medical certifications or licenses, such as Registered Nurse (RN), Paramedic, Certified Nursing Assistant (CNA), Physician's Assistant (PA) and/or EMT. Healthcare staff oversee medication administration, are called in by counselors for concerns beyond regular first aid, and are on call at all times in case of an emergency.

- **Healthy campers:**

- The best way to keep your camper healthy is to send them to camp that way! **If your camper experiences vomiting, diarrhea or fever in the 48 hours prior to camp, currently has lice or bedbugs, or has any other contagious illness, they should not attend camp. Contact us for rescheduling or late arrival options.**
- Use the Pre-camp Health Screening form to affirm your camper's health.
- To keep campers and staff safe, we'll use COVID antigen (rapid) testing at check-in again this year. Watch for an email from us with registration information, approximately one week before camp. See our email update sent June 17 for an overview of our COVID plans.
- Make sure your camper knows the basics of staying healthy, like hand washing, masking, covering coughs and sneezes, and changing clothes daily.
- All campers have a health check on the first day of camp. We go over general rules for helping them stay healthy and safe, like not sharing brushes or hats and staying on the trail. We also take their temperatures and check each camper for lice. **If your camper has lice, we will contact you to pick them up. If your camper has COVID-19 symptoms, we will contact you to pick them up.**

- Our biggest health issues at camp are dehydration, sunburn and itchy bug bites. These illnesses can in turn cause a host of other symptoms and problems, like chapped lips, headaches and stomachaches. To prevent these issues and keep your camper in tip-top shape, we ask campers (and staff) to:
 - Drink three 8 oz. glasses of water (or two of water and one of milk) at each meal and keep a water bottle with them at all times. Though this may sound like a lot, our campers are hiking at a high elevation in dry, hot temperatures. They need it!
 - Put on sunscreen at regular intervals. “Sunscreen parties” are supervised by staff, who have extra sunscreen on hand for campers to use. We also encourage hats and keep campers in the shade as much as possible during activities.
 - Use bug lotions and wipes, and wear long sleeves and pants for evening activities and sleeping. Please do not send your camper with aerosol or sprays; these can trigger severe allergic reactions or asthma attacks in other campers.
- We'll give you a call about your camper's health in the following instances:
 - If your camper stays overnight in the health center. This could be for many reasons — often campers who aren't feeling well simply need a full night's rest away from the noise and giggles of a shared cabin.
 - If your camper is experiencing something that is contagious or prevents them from participating in camp. The camp experience involves both close living quarters where illness can spread quickly, and lots of outdoor play. If your camper has something contagious or is too unwell to participate in the fun, we'll call to ask you to pick them up from camp.
- Urgent and emergency situations at camp:
 - Camp strives to provide a safe environment for campers, but accidents and emergencies do occur, and camp staff are trained and prepared to respond appropriately if they arise.
 - In the event of an urgent or emergency situation, your camper's safety and health will be attended to immediately. Once their safety and health is being managed, camp staff will contact you with information, including whether your camper is being transported to an urgent care or emergency room. If they are being transported, camp staff will be present at the facility with them and act as their advocate until a parent/guardian can arrive to proceed with treatment decisions.
- Meals, dietary needs and allergies:
 - Campers eat three meals a day. Meals are planned with kids' taste and nutrition needs in mind.
 - With sufficient notice, we are able to accommodate most dietary needs, restrictions and allergies. Please fill out the Health Update form if you did not include this information when you registered. The chef receives notification of needs and allergies prior to camp and plans alternatives to ensure your camper still enjoys complete meals.
 - Winacka is a **Nut Free** camp.
 - Camp staff may contact you if we have further questions about a dietary need or allergy.
- Other special needs/accommodations:
 - With sufficient notice, we can accommodate most special needs at camp. If you did not share complete information at registration, please fill out the Health Update form as soon as possible. We may reach out with additional questions in the weeks leading up to her camp session.
 - If your camper will require an attendant, interpreter or other assistance, please contact the camp director immediately! We are committed to serving all campers and will need ample time to engage appropriately qualified staff.

ACA:AD.11.1,AD.11.2, AD.11.3,HW.8

General Policies

- **Refund and cancellation policy:**
 - Cancellations and requests for transfers or refunds must be submitted in writing via email.
 - Deposits: Your \$25 deposit is non-refundable and non-transferable.
 - Cancellations: If you cancel your camper's session, your deposit is non-refundable. Refunds of remaining camp fees are only granted up to three weeks prior to start of session.
 - Transfers: A transfer between sessions is considered a cancellation of the original registration.
- **Buddies:**
 - Campers may register to be placed with up to one "buddy" for the week. Enter buddy information during registration.
 - Choosing a "camp buddy" placement specifically guarantees placement in the same cabin at camp. Both campers will make new friends and socialize with the rest of their program group.
 - If your camper and her friend(s) are signed up for the same program in the same week (e.g. Jump Start WIN1), they will participate in activities together for the week, even if they aren't "camp buddies." **"Camp buddies" cannot be in different program groups.**
- **Visiting:**
 - To ensure safety and limit interruptions to the camp program, camp is closed to visitors during summer sessions.
 - If you choose to drop off or pick up your camper at camp, you will stay in the private transportation area at the entrance of camp, and will not have an opportunity to tour camp at that time.
 - We discourage dropping off your camper late in the session or picking them up early before the session ends. This can be disruptive to their group and disappointing for them! However, we understand that commitments and family emergencies do occur. If you need to arrange a late drop-off or early pickup, you must contact the camp director in advance.
- **Lost and found:**
 - We do our best to send your camper home with all her belongings. Any lost-and-found items are sent on a weekly basis to the Balboa Campus at 1231 Upas St., (619) 610-0821, open Monday-Friday, 8:30 a.m.-5:30 p.m. We will keep items until Friday, Sept. 2, 2022, at which point they will be donated.
- Please view the packing list at the end of this handbook for additional information on what to bring (and what to leave at home!)

Communication with Campers, Parents/Guardians and Staff

Before camp

- The camp directors are available for questions about your camper's program, special needs or any other concerns. We welcome communication with our camper families!
- Attend one of our Open Houses to find out more information about camp this summer: In-person tours on May 29 & June 5, 1-4pm. Virtual tours March 23 & April 6, 6-7 p.m. RSVP by emailing campdirector@sdgirlscouts.org
- The most important communication in the weeks leading up to camp is between you and your camper. Helping them prepare for camp is the best way for them (and you!) to have a successful experience at camp. Please read the "Preparing with your camper" section at the end of this handbook carefully.

During camp

- **Photos, blog and email:**
 - We distribute several camp cameras around each camp daily. Campers and staff take photos, though each camper is not photographed each day. These photos are uploaded to a secure website along with a short blurb about the daily activities and meals. This service is free of charge and is intended to give you a glimpse into your camper's experience. Follow the link in your confirmation email to register.
 - You may email your camper for a small fee through the same service. Emails are one-way — your camper can only respond via U.S. mail.
- **Mail:**
 - Mail is delivered once per day, usually after lunch. Cheerful letters or notes of encouragement are best!
 - **We do not accept packages mailed to campers.** Packages can overwhelm our staff and rural post office, and in summers past they often went undelivered and had to be returned to parents. If you would like to send a package with your camper please pack it in her luggage for her to find when she gets to camp. Please do not pack any valuables or food.
 - The best method to send mail to your camper is through our free mailboxes located at the bus stops and drop-off points on the first day of camp. Feel free to send multiple letters and indicate days for delivery throughout the week. Please address letters as follows:
Camper name
Program name (e.g. Jump Start WIN1)
Day camp staff should deliver (e.g. "Day 3" or "Thursday")
 - U.S. Mail can take 2-3 days to arrive at camp, which is why we encourage using the camp mailboxes on the first day. If using U.S. Mail, please allow plenty of time and address letters as follows:
Camper name
Program name (e.g. Jump Start)
Camp Winacka
P.O. Box 340
Julian, CA 92036
- **Cell phones:** We ask campers to leave their cell phones at home.
 - At camp, we aim to help kids practice important social skills, prioritizing "face time" as our best way of connecting. We also value the exploration and appreciation of nature that camp inspires.

- We know this can take adjusting, even for adults — we're used to having immediate access to our kids. However, campers thrive in our technology-free environment, and we find they are almost always grateful for the “unplugged” time with friends.
- If you need to reach your camper at camp, please contact the camp office.
 - Camp office is open approximately 7:30 a.m.-11 p.m.

After camp

- If you have any questions about your camper's experience, please fill out the “**Parent/Guardian Survey**” emailed to you on the last day of camp, and/or get in touch with us directly. As camp directors, we value learning and growing from each season at camp, and welcome any feedback you have for us about your camper's experience.
- We would rather hear about your camper's problem *before* they go home! Please encourage them to talk to a counselor if they are experiencing a problem with some aspect of camp life or having difficulty with another camper.
- **Camper and staff communication policies:**
 - We pledge to put your children in the company of the most trustworthy and capable staff we can hire — counselors well suited to the task of caring for campers. The effort we put into screening and selecting our staff is part of that pledge. Our staff members work with your children in a visible, well-scrutinized environment with many built-in checks and balances.
 - Counselors are supervised by senior staff guided by clear, firm policies regarding behavior. Their actions are also visible to co-workers and campers. In general, we discourage our staff from contact with your campers after camp, since we cannot supervise it. We tell our staff to protect any/all of their online profiles and social media communications, not to use the camp name or logo on their profiles, and not to post pictures with campers in them.
 - Our employment of counselors is not a recommendation of them as babysitters, nannies or child companions outside of camp. Counselors may give out the camp address for campers to write to them during camp. Letters received after camp closes will not receive a response. We hire our staff for the camp season, and do not take responsibility for their behavior off-season.
 - As a parent/guardian, you are of course free to make your own choice in this matter. While we cannot keep you from allowing your camper to visit, exchange email or write letters with one of our staff members, in so doing you take full responsibility. We also know that many children exchange contact information with each other (e.g., social media, usernames, and cell phone numbers) without our or your specific awareness or permission. Any contact with fellow campers after camp is also at your discretion.
 - We recommend that you, as a parent, supervise your child's online activities just as you do other aspects of her life in your home. If you choose to permit off-season contact between your camper and our staff or other campers, you take full responsibility to oversee any results.

Preparing with your Camper

The best way to ensure a successful camp experience for your camper is to make sure they have appropriate expectations about what it will be like, and has some encouragement and tools from you on how to handle any challenging situations. We aim to create a positive, empowering and inclusive environment for your camper, but any community experience can involve bumps or disappointments. Please read on for some typical situations that might happen at camp and advice for talking with your camper about them before they arrive.

Things to prepare all (even seasoned) campers for

- **How to ask for help from counselors:**

- Our counselors' first priority is the physical and emotional safety of our campers. They are trained to be attentive to the environment, group dynamics and campers' needs.
- At times, counselors need some help from your camper to understand what is going on. Please talk with your camper about how to ask for help, and tell them they should find a counselor if any aspect of camp life or interactions with other campers are bothering them.

- **Saying goodbye on the first day of camp is often the hardest part for campers and parents/guardians alike.** Your camper may shed a few tears, and that's normal! The most successful goodbyes are when the parent/guardian stays cheerful and positive about what a good time the camper will have at camp.

- **Staying in touch:**

- Campers can receive letters or one-way emails from those at home. Short, cheerful notes expressing your excitement for her time at camp and keeping her generally updated on the news from home go a long way in helping them overcome or circumvent homesickness.
- Mail is delivered once per day at camp, and they may not hear from you every day. We do our best to deliver mail daily, but if your camper is on a group trip, there may be a gap in delivery.
- It's possible you could receive a "negative" letter from your camper. Often, these letters are written on the first day and express sadness, loneliness or homesickness in a new and strange environment. By the time these reach you two to three days later, your camper is usually doing great and having a blast with their new friends. Please give us a call if you receive any concerning letter from your camper so we can check up on them — we want to make sure they're having a great time, or help them out if necessary!

- **Homesickness** — normal for new and seasoned campers alike!

- Our counselors are trained to recognize and support homesick campers.
- Leading up to camp, remind your camper you will be thinking of them often, but are very excited for them to experience camp. It can be tempting to say, "Try it out, and if you don't like it, I'll come and get you." Though it may calm them in the moment, this often results in the camper doing their best to prove to camp staff and to you that they are miserable once at camp. Instead, give your camper positive and encouraging thoughts, and be firm about how great camp will be, even if it seems hard at first. Phrases like, "I know you can do this," "You're ready to take on this challenge," and "I believe in you," can really boost their success.
- Usually, with a busy schedule and support of peers and staff, campers recover quickly and enjoy camp fully. Many return feeling quite proud of their accomplishment.
- In cases of sustained homesickness, camp staff will contact you. If, after 24 hours or so, the situation does not improve, it may be in the camper's best interest to go home. These situations frequently involve major changes at home (such as divorce, loss or deployment), or a camper who didn't want to come to camp in the first place.

- **Facing fears:**

- Start talking with your camper now about the dark, bugs, night noises, new foods, meeting new people and being away from home. Together, identify strategies to help them cope with new or unusual things, and remind them that their counselors will be there for support if they need it.
- Camp is a rustic environment, regardless of the type of cabin accommodations your camper will be in. Prepare them for bugs, dirt, and spending most of their time outside. Local wildlife includes deer, wild turkeys, mice and spiders, among others.
- Teaching your camper how to introduce them self can go a long way toward helping them be more comfortable more quickly! Practice at home, making a game of it, so they'll feel calm when introducing them self to the many new friends they'll meet on the first day of camp.

- **Bullying and conflict between campers:**

- Camp is primarily a social experience for campers, and we strive to provide a safe, positive, inclusive environment for kids to learn and practice social skills. Campers sometimes make mistakes in social situations and cause hurt feelings. Our counselors are trained to recognize these instances and help campers resolve them as part of the learning experience.
- **Bullying is not tolerated at camp.** Bullying is any intentional, repeated, hurtful act, including inflicting physical pain, name-calling, exclusion, defacing property, hurtful pranks and public humiliation. Importantly, bullying is a situation in which a person or group of people have power over someone else and use that power to get their way or cause hurt. For example:
 - If two campers are calling each other names, it's a conflict, not bullying. Counselors will facilitate a resolution with the campers and help them make better choices next time.
 - If one camper is getting others to put down or exclude one camper in the cabin, that's bullying. In this situation, counselors will step in and tend to the wellbeing of the victim, address the situation with all campers involved, and make sure campers are aware of what is appropriate at camp. **If bullying reoccurs after the first intervention, the parents of all involved campers will be notified.**

Things to Prepare Nervous or New Campers For

- **Communal living:**
 - Your camper will be sharing living space and bathroom space. Please talk with them about what this will be like and help them be ready. They'll be changing daily in cabins with other campers their age, and the showers are located in a central bathroom building 20-30 feet away from the cabin. **Camp showers are three minutes long to conserve hot water for all the campers in the cabin. Help them practice at home so they know how much time they'll have to wash their hair and body.**
 - Your camper will participate daily in "**kapers**," or chores, with her group. This includes tidying up the cabin as well as a daily community chore, like performing the flag ceremony, or picking up trash around camp. Additionally, campers will help clean their cabins, bathrooms and showers on the last day, with counselors' help and guidance.
- **Schedule and activities:**
 - Campers spend about half their time on activities related to their theme, and half their time on general camp activities like swimming or hikes.
 - Camper planning: On the first day of camp, each group of campers meets with their counselors to give input on what activities they're most excited about, such as fishing, ice cream parties, going on a sleep-out, or playing night games. The counselors take this information to build the schedule for the rest of the week.
 - Talk with your camper about what they'd like to do or try so they're ready to speak up in the group. Remind them that the group may not be able to do everything they want, but there's sure to be one or two favorites in the mix.
 - Badges: Your camper will complete activities that count toward the badge indicated in the brochure with the program description. Badges and other recognitions are available for purchase after camp at your local council store.
- **Swim assessment (all Winacka campers):**
 - All Winacka campers are scheduled for regular swim periods in the Winacka pool.
 - On the first day of swimming, all campers must complete a swim assessment. This involves swimming about 20 yards in the pool, and treading water in the deep end for one minute. After this assessment, campers are categorized into three levels. These levels, required by the American Camp Association, help the lifeguards safely manage a large number of swimmers.
 - Beginning swimmers (called Starfish) must stay in the shallow end at all times (which is where all the fun toys stay!)
 - Intermediate swimmers (called Seahorse) must ask a lifeguard's permission each time before entering the deep end of the pool.
 - Advanced swimmers (called Manta Rays) can swim in the deep end at any time.
 - Please talk with your camper about what this will be like. Even if they swim at home, they may not meet the level they were hoping for. Remind them that they'll have fun in any part of the pool and that everyone just wants them to be safe. As with any other concern at camp, if your camper is frustrated with their assigned swim level, they should talk to their counselor.
 - **Campers do not have to complete any part of the assessment that makes them uncomfortable**, and lifeguards individually monitor each assessment for camper safety. Campers who are unable to safely complete the assessment will be classified as Starfish.

Camp Packing List

- **A few general tips:**

- Pack layers! The days are warm and the nights are cool, so layers will help your camper adapt to any weather conditions.
- Have your camper help pack. They'll know what they have and where to find it in their bag. Remember, they're responsible for packing on their own before coming home!
- Clothes for camp should not be new! Your camper will get dirty living outdoors. There are showers and flush toilets at camp, but no provision for washing clothes.

Separate from luggage:

- ☐ **Medication** in a clearly labeled zip-lock bag with their **Medication Dispensation Sheet** to give to staff; do not send over-the-counter medication listed unless it is to be taken regularly/daily. Please email campdirector@sdgirlscouts.org if you would like your camper to carry their medications for life-threatening conditions, such as epi-pens or inhalers.
- ☐ Sleeping bag; labeled luggage tag must be attached!
- ☐ Daypack with masks, reusable water bottle, bathing suit, towel, sunscreen, insect repellent (wipe or stick, no spray), hand lotion, lip balm and inexpensive/disposable camera

In soft-sided luggage with camper's name clearly marked:

- ☐ T-shirts (1 per day, plus 1-2 extra)
- ☐ Masks (2 per day, plus 1 extra)
- ☐ Shorts (2-3 pairs)
- ☐ Two pairs of sturdy shoes (closed-heel and toe; no flats, crocs, or sandals)
- ☐ Flip flops (for shower use only)
- ☐ Long pants, at least 2 pairs
- ☐ Warm jacket
- ☐ Sweater or sweatshirt
- ☐ Two pairs of pajamas (one warm, one cool)
- ☐ Socks and underwear (1 pair and 1 set for each day, plus 1 extra)
- ☐ Shade hat
- ☐ Sunglasses
- ☐ Flashlight and extra batteries
- ☐ Towel, washcloth, soap, personal toilet articles such as toothbrush (in a case), toothpaste (small, or almost-gone family tube), brush, comb, shampoo and personal hygiene items
- ☐ Writing paper, stamps and pencil (pre-addressed post cards are great!)
- ☐ Water shoes for sprinkler play (or an extra pair of closed-heel-and-toe shoes)
- ☐ Pillow

- **If your camper forgets something:** We can usually help! We keep extra toiletries, menstrual supplies, and even swimsuits on hand for campers. Remind them to ask a counselor if they find them self in need of anything — we can only help if we know about it.
- **Please do *not* bring:**
 - **Food:** Campers eat nutritious meals together. Please do not send food with your camper— it attracts raccoons and mice.
 - **Money:** There is no need to send money with your camper; there is no trading post at camp, and gratuities or presents to staff members are prohibited by the camp personnel policies.
 - **Valuables** such as radios, televisions, iPods, cell phones, food, pets, personal sports equipment, knives or expensive clothes.
 - **Alcohol, drugs and weapons are strictly prohibited.**

The camp maintains the rights of search and seizure when possession of illegal substances or weapons is suspected.

Transportation

All campers are encouraged to take the bus to camp (**\$15 fee each way**), as this is the beginning of the camp experience. Bus stops are located in Mission Valley and Kit Carson Park. Campers who do not ride the bus may be dropped off at the entrance to camp. Camp tours will not be available, and parking is limited.

If for any reason your child leaves early, parents or guardians are responsible for making all travel arrangements.

On the Pickup Authorization card mailed to you 1-2 weeks prior to camp, please give us the name of the person you expect to pick up your child after camp. Please include authorized parent/guardian names, phone numbers. **For your camper's protection, we will only release them to the people you have authorized.** You will also indicate your choice of departure and return bus stop on this form.

Bus schedule to camp

When you drop your camper off at the stop to go to camp, arrive at this time and plan to be at the bus stop for half an hour. You are responsible for supervising your camper until they are physically on the bus. The bus stops are all in public parking areas. Be aware of traffic! Sign in with staff when you arrive. Coach your camper to listen to instructions from staff and drivers, who will instruct them on safety procedures. Suggest they speak with a staff member if they have a problem. See the next page for maps and directions to bus stops.

Mission Valley 8 a.m.	Escondido 8:45 a.m.
--	--------------------------------------

Bus schedule home from camp

When you pick your camper up from the bus stop to come home, arrive at this time and plan to be at the bus stop for one hour. See the next page for maps and directions to bus stops. Campers will be organized by their program name, e.g. Just Keep Swimming. Siblings in separate programs will be allowed to ride together, if they choose.

Mission Valley 4 p.m.	Escondido 3:30 p.m.
--	--------------------------------------

Private transportation

Private transportation to camp is timed to work around the bus arrivals, so please don't come early or late. When you enter camp, drive slowly; children may be in the area. You will not be able to tour camp at this time, as the staff is busy preparing for the campers' arrival. It takes about 1 hour and 45 minutes to drive to camp from San Diego, and one and a half hours to drive home. Allow about 2 hours from Imperial Valley. Please be aware that there will be slow-moving buses on the mountain roads you're driving. Drive slowly, and be very careful around blind turns. Campers may not drive themselves to and from camp.

Private drop off: 1st day
10 a.m.

Private pickup: Last day
2 p.m.

Changes to transportation

If you must change your transportation selection before camp, please email camp@sdgirlscouts.org. For your camper's protection, all changes must be in writing. You will be asked to confirm their return destination during check in. All bus fees paid will be forfeited if cancelled less than three weeks prior to camp session. Changes will not be made after your child is at camp.

In case of an emergency where camp needs to make changes that would affect campers' pick-up or drop-off time or location, we will email all guardians and update the Mountain Information Hotline (619) 610-0808.

Bus Travel Safety Procedures

Please review for following safety rules with your camper:

Stay in your seat, use bathroom before getting off on the bus, keep arms inside the windows, and have fun!

ACA:AD.5

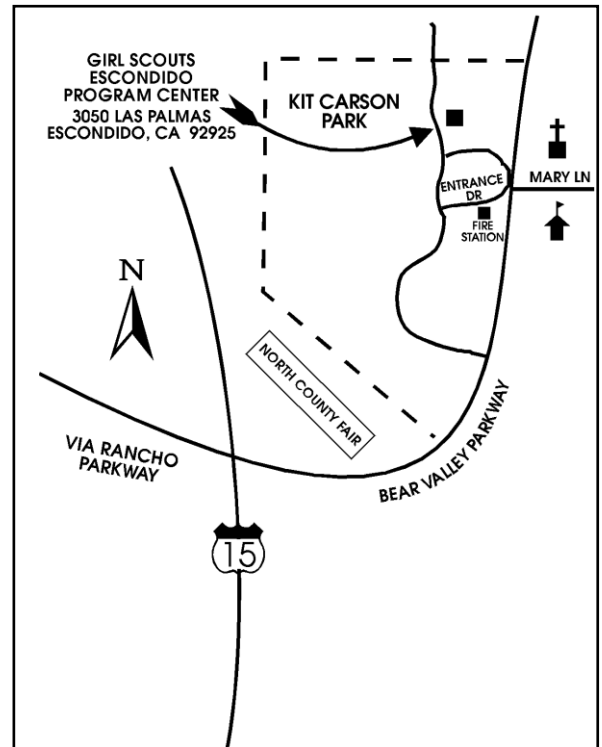
Bus Location Maps

Escondido

The Escondido buses for camp will be leaving and arriving from Girl Scouts Escondido Program Center in Kit Carson Park, 3050 Las Palmas, Escondido, CA 92025. Many map websites or GPS systems will direct you to another part of Las Palmas; please use the map at right and directions below for best access. Note that traffic on Highway 78 and on Interstate 15 is often slow during rush hour.

From northbound or southbound Hwy. 15

- Take I-15 to Via Rancho Parkway .
- Go east on Via Rancho Parkway.
- Via Rancho Parkway will turn into Bear Valley Parkway.
- Turn left at the Kit Carson/Mary Lane signal.
- Turn right at the stop sign.
- The Escondido Program Center will be on the right in approximately 100 yards. It is a large, brown and green building in a fenced area.



Mission Valley

Westfield shopping centers donates space to Girl Scouts for bus pick-ups and drop-offs. Due to other rentals and extenuating circumstances, the specific parking lot within the mall can sometimes change with short notice.

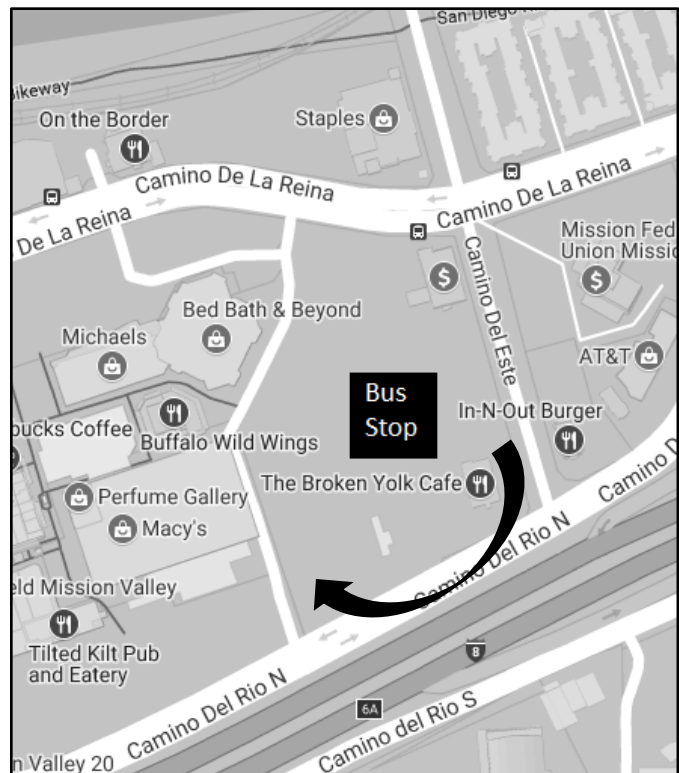
The expected Bus Stop location for 2022 is adjacent to The Macy's store on the east side of the mall. The parking lot is near the corner of Camino Del Este and Camino Del Rio North. For navigation, try the Broken Yolk's address: **1760 Camino Del Rio North, San Diego, CA 92108**. The bus stop is just west of the restaurant.

From the East:

Take I-8 West to Mission Center Rd./Auto Circle Dr.
Turn right off the exit onto Camino Del Rio N.
Turn left into the parking lot
Turn left into the parking lot just before the Bank of America.

From the West:

Take I-8 East to Mission Center Rd./Auto Circle Dr.
Turn left off the exit onto Auto Circle/Mission Center Rd.
Turn right onto Camino Del Rio N.
Turn left onto Camino Del Este
Turn left into the parking lot just before the Bank of America.



Private Transportation Maps

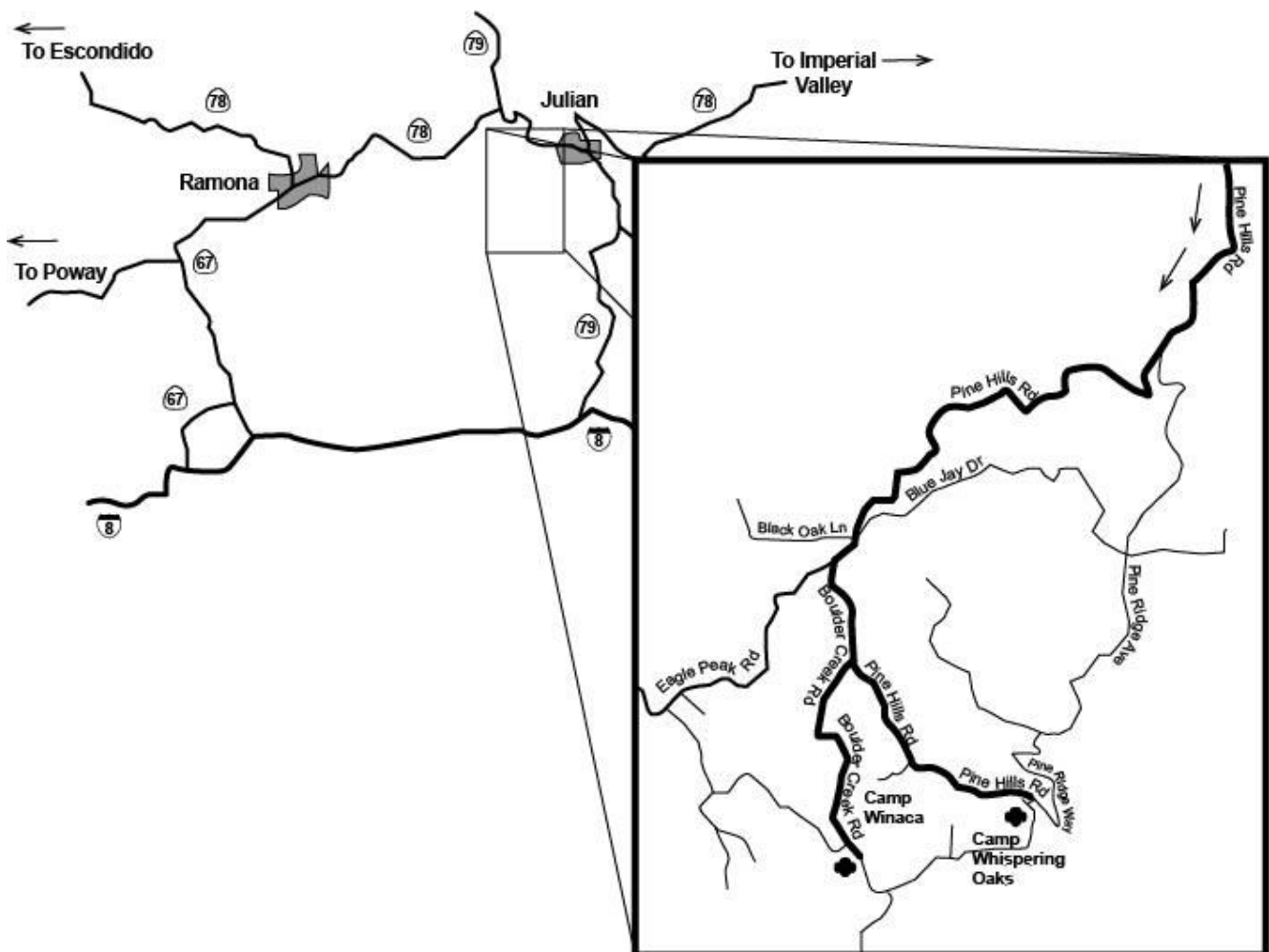
To reach Camp Winacka:

- From highway 78/79 take **PINE HILLS RD.** turnoff 1 mile west of Julian.
- Drive 1½ miles; bear **RIGHT** on **EAGLE PEAK RD.**
- Follow **EAGLE PEAK RD.** 1½ miles to the junction with **BOULDER CREEK RD.**
- Bear **RIGHT** on **BOULDER CREEK RD.**
- Go ½ mile to the entrance to Camp Winacka on the right.
- Address: 4720 Boulder Creek Rd, Julian, CA

#1 Tip for driving to camp:

When you turn off the 78/79 highway, **SLOW DOWN!** At each intersection there will be a small green sign with this image:  or "Winacka" or "Whispering Oaks"

If you *drive slowly* and *keep a look out*, these will guide you to Camp.



Internet mapping software and in-car navigation systems often give incorrect or incomplete directions to camp, and send campers and their adults on harrowing off-road adventures. For your own sake, please use our map/directions to camp!