

New Year, New You

Virtual Meeting Adaptation: Troop leaders have shared that the most successful virtual meetings allow plenty of time for games and socialization. Consider splitting this meeting into three sessions using this framework.

Meeting Framework: 3 meetings, 90 minutes each

General Sequence	Meeting 1	Meeting 2	Meeting 3
Welcome	Opening Ceremony (5 min)	Opening Ceremony (5 min)	Opening Ceremony (5 min)
Program Activity	Watch Episodes 3 or 4 of the G-Team TV YouTube show to practice kicking the new year off right (40 min)	Declare your dreams (20 min) Decide what you need and want (20 min)	Go comparison shopping (20 min) Explore your financial aid options (20 min)
Social Activity	Yoga or meditation (35 minutes)	Spa Night (40 min)	Build a blueprint for your future (30 min)
Closing	Closing Ceremony: Friendship Circle (10 min)	Closing Ceremony: Friendship Circle (5 min)	Closing Ceremony: Play 20 Questions (15 min)