Overview

Note to Volunteers

Make sure the games girls play to earn this badge are active, not board games or card games. For this meeting you'll need to take girls to a field or outdoor open area. (Remember to bring sunscreen, hats, and water.) If you can’t get outdoors, make sure to have a wide-open space where girls can be active.

The excitement and fast pace of running troop meetings for the first time can sometimes leave us tongue-tied. For that reason, scripting is included for guiding girls through a meeting; these "lines" are under the heading "SAY." However, you know your girls best. If you feel you don't need the script, do what makes sense for you and your girls.

Prepare Ahead

- Have healthy snacks available for snack time
- Set up cones in a field for a 50-yard dash
- Have hats and sunscreen available for outdoor activities
- Let parents know girls will be active and should wear sneakers and clothes they can move in

Get Help from Your Friends and Family Network

- Your Friends and Family Network can include:
  Girls' parents, aunts, uncles, older siblings, etc.
- Other volunteers who have offered to help with the meeting.

Ask your network to help:

- make snacks
- welcome girls to the meeting
- supply materials for the session

Meeting Length

90 minutes

The times given for each activity will be different, depending on how many girls are in the troop. Plus, girls may really enjoy a particular activity and want to continue past the allotted time. As much as possible, let them! That's part of keeping Girl Scouting girl-led! And what do you do if you only have an hour for the meeting? Simply omit some of the activities.
Materials

Activity 1: As Girls Arrive

- Large-size nametags, one for each girl
- Colored pens and markers

Activity 2: Opening Ceremony

- PDF of Girl Scout Promise and Law

Activity 3: Octopus Tag

- None

Activity 4: Keeping Score!

- Jump rope
- Hula hoop
- Watch or timer
- Measuring tape
- Paper
- Pencils
- Cones for 50-yard dash

Activity 5: Animal Act

- None

Activity 6: Snack Break

- Water or Juice
- Granola bars
- Apple slices

Activity 7: Closing Ceremony

- Fair Play badges, one for each girl
Detailed Activity Plan

Materials

- Large-size nametags, one for each girl
- Colored pens and markers

Steps

As girls arrive, have them decorate nametags with words that mean Fair Play.

SAY:

- You played games last meeting and learned about playing fair. What are some things you remember? Write your name on your nametag and write some words that mean playing fair to you. Remember some things?
- Include others.
- Follow rules.
- Teamwork!
- No cheating.
- Be nice.

Activity 2: Opening Ceremony

Time Allotment

10 minutes

Materials

- PDF of Girl Scout Promise and Law

Steps

Gather girls in a circle. Welcome them to the second Brownie Fair Play meeting.

Girls say the Girl Scout Promise and the Girl Scout Law together.

SAY:

- To start this meeting, let’s share what you wrote your nametag and then wear it.
• Today you’ll have more fun playing team games, learning how to score a game, and doing something super cool on a field.

Activity 3: Octopus Tag

Time Allotment

15 minutes

Materials

• None

Steps

Have girls play a team building game called Octopus Tag.

SAY:

• Raise your hand if you love playing tag. You’re about to play a game of tag but with a twist. It’s called Octopus Tag.
• Two people will start as the Octopus.
• They will hold hands as they run and tag other players.
• When someone gets tagged, they have to join the Octopus.
• The game continues until the Octopus has tagged everyone.
• The trick is to make sure the Octopus stays together and doesn’t come apart.

[When girls are done…]

• How hard was it to keep the Octopus chain together?
• What was different about this tag than regular tag?
• What did you do as a team to keep the Octopus together and tag people?

Activity 4: Keeping Score

Time Allotment

25 minutes
Materials

- Jump rope
- Hula hoop
- Watch or timer
- Measuring tape
- Paper
- Pencils
- Cones for 50-yard dash

Steps

Have girls take to the field to keep score for various activities.

SAY:

- How will you know who wins if you don’t keep score?
- In each of these activities, one of you will score; the other will do the activity. Then you’ll switch off. Make sure to write your teammate’s scores down. Don’t forget to cheer her on!

[Volunteer: Set up different “stations” for each activity.]

- Jump rope. Count the number of times your teammate jumps without stopping.
- Hula-hoop. How many times can she twirl the hoop around before it falls?
- Run. Have your teammate run 50 yards from cone to cone. How long did it take? Use the timer. I’ll show you how.
- How far can she jump? Measure how far your teammate jumps from a starting point to where she lands.

Activity 5: Animal Act

Time Allotment

15 Minutes

Materials

- None

Steps
Have girls try out different animal moves just for fun!

**SAY:**

- **Stand together and when I tap your shoulder, I'll tell you what animal movement to do. Then you'll switch with each other.**
- **Ready?**

[Volunteer: give each girl a movement—come up with more or double up on these to make sure they all have one.]

- **Walk like a turtle**
- **Run in place like a cheetah (arms go back and forth)**
- **Hop like a kangaroo**
- **Shuffle like a gorilla (feet apart, feet together)**
- **Jump like a rabbit (jump and land on both feet)**
- **Leap like a deer (long jumps from one foot to the other)**
- **Slither like a snake**
- **Now, when I say, “Switch,” tap another girl’s shoulder and do the movement she was doing.**

[Volunteer: Switch a few times so girls can act out several animals.]

**Activity 6: Snack Break**

**Time Allotment**

10 minutes

**Materials**

- Water or Juice
- Granola bars
- Apple slices

**Steps**

Girls enjoy a healthy snack while talking about how to use their skills.

**SAY:**
[While girls enjoy their healthy snack…]

- Do you think you could teach a younger girl a game? If so, what?
- What was the hardest thing about scoring your teammate?
- Do you think you performed better or worse knowing someone was scoring you?

Activity 7: Closing Ceremony

Time Allotment

5 minutes

Materials

- Fair Play badges, one for each girl

Steps

Girls form a friendship circle and get their Fair Play badges.

SAY:

- What’s one thing you learned about playing fair?
- If you were going to make a Brownie Team Agreement about playing fair, what would it say?
- Congratulations on earning your Fair Play badge. Now you know how to play fair and can teach a younger girl to keep score fairly, include others, and follow rules.

Ask a girl to end the ceremony by starting the friendship squeeze.