

*Taken from the Volunteer Toolkit Badge Year for Brownies  
Girl Scout Way 1*

## Overview

### Note to Volunteers

The excitement and fast pace of running troop meetings for the first time can sometimes leave us tongue-tied. For that reason, scripting is included for guiding girls through a meeting; these "lines" are under the heading "SAY." However, you know your girls best. If you feel you don't need the script, do what makes sense for you and your girls.

For the Closing Ceremony, it would be ideal to take girls outdoors to "Leave a place better than you found it." For example, you can plan to take them outside your meeting area, to a park, a school, or on a trail.

### Prepare Ahead

- Get your badges [here](#).
- Print and cut out green Girl Scout trefoils from online, make sure to have at least 1 for each girl to color (these will be used in Activity 3: Make a trefoil name tag)
- Print a copy of a World Trefoil symbol or have an actual pin to show girls
- For snack time, prepare a large bowl of frosting with green food coloring; plain cookies or cupcakes, enough for each girl
- Print out lyrics to "Make New Friends"

### Get Help from Your Friends and Family Network

- Your Friends and Family Network can include:
- Girls' parents, aunts, uncles, older siblings, etc.

Other volunteers who have offered to help with the meeting.

Ask your network to help:

- make snacks
- welcome girls to the meeting
- supply materials for the session

### Meeting Length

90 minutes

The times given for each activity will be different, depending on how many girls are in the troop. Plus, girls may really enjoy a particular activity and want to continue past the allotted time. As much as possible, let them! That's part of keeping Girl Scouting girl-

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led! And what do you do if you only have an hour for the meeting? Simply omit some of the activities.

## Materials

### Activity 1: As Girls Arrive

- Trefoils
- Crayons and markers

### Activity 2: Opening Ceremony

- PDF of Girl Scout Promise and Law
- Bowl for strips of paper

### Activity 3: Make a Trefoil badge

- Trefoil for each girl (from when girls arrived)
- Yarn
- Crayons/markers
- Stickers
- Scissors
- Hole Punch

### Activity 4: Juliette Gordon Low Memory Game

- A tray to hold items
- A napkin to cover items
- Pen and paper, enough for each girl
  - Items for story:
  - Daisy flower (or image)
  - Crayons
  - Toy horse (or image)
  - Plastic figure of boy (or image)
  - Mini pumpkin (or image)
  - Plastic ring (for wedding band)
  - Leaf from outside
  - Grains of rice
  - Trefoil or Girl Scout pin

### Activity 5: Girl Scout Birthday Snack Break

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- Cupcakes or cookies
- Bowl of green frosting
- Spatula or spoons to decorate frosting
- Rainbow sprinkles
- Water or juice to drink

### **Activity 6: Leave a Place Better**

- Trash bags

### **Activity 7: Closing Ceremony**

- Lyrics to “Make New Friends”

## **Detailed Activity Plan**

### **Activity 1: As Girls Arrive**

#### **Time Allotment:**

5 minutes

#### **Materials**

- Trefoils
- Crayons and markers

#### **Steps**

As girls arrive, have girls color a trefoil and write their name on the front of it. Collect trefoils to use in Activity #3.

#### **SAY:**

*Take a trefoil and color it green – and then write your name on the front.*

### **Activity 2: Opening Ceremony**

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## Time Allotment

10 minutes

## Materials

- PDF of Girl Scout Promise and Law
- Bowl for strips of paper

## Steps

Gather girls in a circle. Welcome them to the first Girls Scout Way meeting.

Girls say the Girl Scout Promise and the Girl Scout Law together.

## SAY:

- *When you earn your Girl Scout Way badge, you'll learn all the things that make Girl Scouting special.*
- *Let's find out what you know about Girl Scouts:*
  - *Who started the Girl Scouts? (Juliette Gordon Low)*
  - *What is the Girl Scout slogan (Do a good turn daily.)*
  - *What does this mean to you? (It's for the many ways girls can make a difference in the lives of others.)*
  - *What is the Girl Scout motto (Be prepared.)*
  - *What does this mean to you? (A Girl Scout is ready to help out wherever she is needed. A Girl Scout should know how to do a job well, even in an emergency.)*
  - *When is the Girl Scout birthday? (March 12, 1912)*

## Activity 3: Make A Trefoil Badge

### Time Allotment

20 minutes

### Materials

- Trefoil for each girl (from when girls arrived)
- Yarn
- Crayons/markers

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- Stickers
- Scissors
- Hole Punch

## Steps

Talk about sisterhood, show girls a World trefoil pin, and have girls make Trefoil name badges.

## SAY:

- *This world trefoil pin is the global symbol for the Girl Scouts. You know what else this is? It's a directing sign that became a guide for people who traveled by boat to far places of the earth.*
- *No matter where in the world you are, if you meet up a Girl Scout or Girl Guide, you'll see the same trefoil symbol.*
- *This trefoil symbol is one of the Girl Scout traditions.*
- *As a Girl Scout, you are part of a sisterhood. This means that all the girls in your troop, and all the Girl Scouts around the world—are your special sisters!*
- *Let's all make trefoil badges to show our membership in this special sisterhood.*
  - *First, cut out your trefoil. Make sure your name is on the front of it.*
  - *You can decorate it with stickers or color it more if you want.*
  - *Then punch a hole through the top (or I'll do it for you.)*
  - *Tie a piece of yarn through the hole, long enough for you to wear around your neck.*
  - *Cut the yarn and tie it around your neck (or I'll cut and tie it for you)*

## Activity 4: Juliette Gordon Low Memory Game

### Time Allotment

20 minutes

### Materials

- A tray to hold items
- A napkin to cover items
- Pen and paper, enough for each girl
- Items for story:
  - Daisy flower (or image)
  - Crayons

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- Toy horse (or image)
- Plastic figure of boy (or image)
- Mini pumpkin (or image)
- Plastic ring (for wedding band)
- Leaf from outside
- Grains of rice
- Trefoil or Girl Scout pin

## Steps

Tell the Juliette Gordon Low story and while you do, point to the items on the tray that have to do with the story. Then cover the items with a napkin and ask girls to write down what they remember is on the tray.

## SAY:

- *Let's play a Juliette Gordon Low Memory Game. I'll tell you her story and point to the items on this tray that have to do with the story. Then I'll cover the tray and you'll write down what you remember.*
- *Juliette Magill Kinzie Gordon was born on Halloween [hold up pumpkin], October 31, 1980, in Savannah, Georgia. Her nickname growing up was Daisy [hold up Daisy flower].*
- *Daisy was a sensitive, curious, and adventurous girl who was very caring and loved to laugh. She liked all kinds of sports, art [hold up crayons], animals—especially horses [hold up toy horse], and nature [hold up leaf].*
- *As a child, Daisy had ear injuries. When she became an adult, she married William Mackay Low [hold up ring]. At her wedding, a grain of rice [hold up rice grains] got stuck in her ear and she lost almost all of her hearing.*
- *Juliette and her husband lived in England and Georgia. While in England, she met Sir Robert Baden-Powell, the founder of the Boy Scouts [hold up boy figure].*
- *She was so excited about the wonderful things the Boy Scouts did that she decided to do the same for girls. She told her cousin, "I've got something for the girls of Savannah, and all of America, and all the world, and we're going to start it tonight."*
- *That was in 1912, more than 100 years ago. Now the Girl Scouts is the largest leadership organization in the world! [hold up trefoil or Girl Scout pin]*
- *[Cover items on the tray and have girls list what they remember is on there. After girls have finished writing the list, unveil the tray]*
  - *How many items did you remember?*
  - *What ones were the easiest to remember?*
  - *What do you like the most about Daisy's story?*

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## Activity 5: Girl Scout Birthday Snack Break

### Time Allotment

10 minutes

### Materials

- Cupcakes or cookies
- Bowl of green frosting
- Spatula or spoons to decorate frosting
- Rainbow sprinkles
- Water or juice to drink

### Steps

Girls decorate their cupcakes or cookies with green frosting and sprinkles.

SAY:

- *Let's pretend that it's March 12 and celebrate the Girl Scout birthday. The Girl Scout birthday is one of the many special days in Girl Scouting. Do you know what else we celebrate?*
- *Founder's Day or Juliette Gordon Low's birthday. Do you remember when that is? (October 31, Halloween. Daisy was born in 1860.)*
- *World Thinking Day on February 22. This is when girls around the planet are part of activities and projects and we celebrate our international friendships.*

## Activity 6: Leave a Place Better

### Time Allotment

10 minutes

### Materials

- Trash bags

### Steps

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Have girls clean up their meeting place.

**SAY:**

- *One important part of the Girl Scout Way is that we take care of the world around us. One way is to leave our community a better place than we found it. For example, if you go to a park or hike on a trail, you make sure to “leave no trace” by cleaning up after yourself. Let’s start with our meeting place. What can you do here to make it better than you found it?*

[Note to volunteers: Girls can put liter in trash bags, straighten chairs, and put supplies away.]

## **Activity 7: Closing Ceremony**

### **Time Allotment**

10 minutes

### **Materials**

- Lyrics to “Make New Friends”

### **Steps**

Girls sit in a circle to sing “Make New Friends” and learn the Girl Scout sign.

[Note to volunteers: If you can, take girls outdoors for cleanup. For example, outside around your meeting area, to a park, a school, or on a trail.]

**SAY:**

- Let’s end our meeting with a Girl Scout tradition: making the Girl Scout sign. It’s a symbol of promise. If you don’t know how to do it, hold up your right hand with your first three fingers extended. Each finger stands for one part of the Promise. The little finger is held down your thumb.
- Make the sign and say goodbye to your sisters until next time!



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Ask a girl to end the ceremony by starting the friendship squeeze.