

*Taken from the Volunteer Toolkit Badge Year for Brownies  
Girl Scout Way 2*

## Overview

### Note to Volunteers

For the Closing Ceremony, it would be ideal to take girls outdoors to “Leave a place better than you found it.” For example, you can plan to take them outside your meeting area, to a park, a school, or on a trail.

The excitement and fast pace of running troop meetings for the first time can sometimes leave us tongue-tied. For that reason, scripting is included for guiding girls through a meeting; these "lines" are under the heading "SAY." However, you know your girls best. If you feel you don't need the script, do what makes sense for you and your girls.

### Prepare Ahead

- Print copies of the Brownie uniform for girls to color (online “Printable Brownie coloring pages), enough for each girl
- Print copies of the “Brownie Smile song,” one for each girl
- Pre-cut pieces of material to 15” x 30” rectangle, 1 per girl (can be old vinyl tablecloths or
- With a hole punch, punch holes around edge of material, every 1 inch
- Pre-cut foam padding to 13” x 13” or stuff newspaper in a small trash bag
- Buy ingredients to make S’mores during snack time.

### Get Help from Your Friends and Family Network

Your Friends and Family Network can include:

- Girls’ parents, aunts, uncles, older siblings, etc.
- Other volunteers who have offered to help with the meeting.

Ask your network to help:

- make snacks
- welcome girls to the meeting
- supply materials for the session

### Meeting Length

90 minutes

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The times given for each activity will be different, depending on how many girls are in the troop.

Plus, girls may really enjoy a particular activity and want to continue past the allotted time. As much as possible, let them! That's part of keeping Girl Scouting girl-led!

And what do you do if you only have an hour for the meeting? Simply omit some of the activities.

## **Materials**

### **Activity 1: As Girls Arrive**

- Copies of the Brownie uniform for girls to color
- Crayons and markers

### **Activity 2: Opening Ceremony**

- PDF of Girl Scout Promise and Law

### **Activity 3: Brownie Sing-along**

- Printed copies of the “Brownie Smile Song.”
- Printed copies of “We Are Brownies” song (optional)

### **Activity 4: Make a Sit-Up on**

- Pre-cut material (15” x 30”) 1 per girl
- Pre-cut foam padding (13” x 13”) or newspaper in trash bag
- Yarn
- Tape
- Hole Punch
- Permanent markers

### **Activity 5: S’Mores Snack Time**

- Water, juice, or milk
- Camp stove, toaster oven or microwave oven (optional)
- Roasting sticks for marshmallows (optional)
- Ingredients for S’Mores:

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- Marshmallows or marshmallow fluff
- Graham crackers
- Chocolate bars or chocolate spread
- Coconut flakes (optional)

### **Activity 6: Closing Ceremony**

- Girl Scout Way badges, one for each girl

### **Detailed Activity Plan**

#### **Activity 1: As Girls Arrive**

##### **Time Allotment:**

5 minutes

##### **Materials**

- Copies of the Brownie uniform for girls to color
- Crayons and markers

##### **Steps**

As girls arrive, have them color a Brownie uniform coloring page.

##### **SAY:**

- *Being a Brownie is special part of Girl Scouting. You even have your own uniform! Color your uniform, you can design something new if you want!*

#### **Activity 2: Opening Ceremony**

##### **Time Allotment**

10 minutes

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## Materials

- PDF of Girl Scout Promise and Law

## Steps

Gather girls in a circle. Welcome them to the second Junior Girl Scout Way meeting.

Girls say the Girl Scout Promise and the Girl Scout Law together.

## SAY:

- *To start this meeting, let's do the Girl Scout handshake. This is used by Girl Scouts and Girl Guides all over the world.*
- *Shake hands with your left hand and make the Girl Scout sign with your right hand. The left hand is near to your heart and means friendship.*
- *Ready to try? Turn to the girl to your right and do a handshake. Then do it with the girl on your left.*

## Activity 3: Brownie Sing-Along

### Time Allotment

25 minutes

### Materials

### Steps

Have girls learn and sing the “Brownie Smile Song.” To teach them, sing a line and have girls repeat after you. Run through a few times and have them do on their own.

## SAY:

- *One great Girl Scout tradition is singing! We sing songs by campfires, when we hike, even in troop meetings!*
- *Today we'll sing the “Brownie Smile Song.”*
- *I'll start by singing the line and you repeat. When you think you have it, you'll do it as a group without me! Here goes!*

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### Brownie Smile Song

*I've got something in my pocket, it belongs across my face.*

*I keep it very close at hand, in a most convenient place.*

*I'm sure you couldn't guess it if you guessed a long, long while.*

*So I'll take it out and put it on, it's a Great Big Brownie Smile!*[Note to volunteer: If you have time, teach girls "We Are Brownies" to the tune of "Are you Sleeping?"]

*We are Brownies, we are Brownies,*

*In a ring, in a ring.*

*We are Girl Scout Brownies, we are Girl Scout Brownies*

*Hear us sing, hear us sing.*

*We discover, we discover*

*Things to do, things to do.*

*We are ready helpers, we are ready helpers.*

*How about you, how about you?]*

### **Activity 4: Make a Sit-Up-on**

#### **Time Allotment**

25 minutes

Have girls make sit-up-ons, a time-honored Girl Scout tradition.

#### **SAY:**

- *Over the years, Girl Scouts have made sit-up-ons to use when the ground is damp or dirty. Imagine sitting on one around a campfire, in your backyard, or at a sporting event. It's a Girl Scout tradition! So let's make yours together.*
- *First, take your material and fold it in half.*
- *Place the padding in between the fold.*
- *Take the yarn and "sew" it – insert it-- through each hole. (Girls can wrap tape around the end of the yarn string to make it easier to handle)*
- *Tie the end of your sit-up-on and it's ready to use!*
- *Use a marker to write your name on your sit-up-on.*

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## Activity 5: S'mores Snack Time

### Time Allotment

15 minutes

### Materials

- Water, juice, or milk
- Camp stove, toaster oven or microwave oven (optional)
- Roasting sticks for marshmallows (optional)
- Ingredients for S'Mores:
  - Marshmallows or marshmallow fluff
  - Graham crackers
  - Chocolate bars or chocolate spread
  - Coconut flakes (optional)

### Steps

Make no-heat S'mores with girls.

### SAY:

- *Did you know that the first S'more recipe appeared in a 1927 Girl Scout handbook and it's one of our yummiest traditions! They are called "S'mores" because everyone who tried one asked for "some more."*
- *There is even a national S'mores day: it's August 10.*
- *Have you ever roasted a S'more over a campfire? What happens to the marshmallows?*

(Note to volunteers: Use a chocolate spread--like chocolate hazelnut or nutella--and marshmallow fluff for a no-bake option. Add coconut flakes if desired.)

## Activity 6: Closing Ceremony

### Time Allotment

10 minutes

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## Materials

- Girl Scout Way badges, one for each girl

## Steps

Girls form a friendship circle, get their badges, and end with the friendship squeeze.

[Note to volunteers: If you can, take girls outdoors for cleanup. For example, outside around your meeting area, to a park, a school, or on a trail.]

## SAY:

- *You celebrated a Girl Scout birthday ceremony. You learned about traditions and ate S'mores. Now you'll form a friendship circle and give each other a friendship sign.*
- *Everyone stand in a circle. Each girl crosses her right arm over her left. Clasp hands with girls on both sides.*
- *Everyone be silent and think about the many ways Girl Scouting is special.*
- *I'll tap one girl and she'll begin by giving a squeeze with her right hand and each girl should do the same as it passes from hand to hand. If you want, you can put your right foot out into the circle once your hand is squeezed.*
- *The friendship circle stands for an unbroken chain of friendship with Girl Scouts and Girl Guides around the world.*
- *Congratulations on earning your Girl Scout Way badge!*

Ask a girl to end the ceremony by starting the friendship squeeze.