

*Taken from the Volunteer Toolkit Badge Year for Juniors
Girl Scout Way 2*

Overview

Note to Volunteers

The excitement and fast pace of running troop meetings for the first time can sometimes leave us tongue-tied. For that reason, scripting is included for guiding girls through a meeting; these "lines" are under the heading "SAY." However, you know your girls best. If you feel you don't need the script, do what makes sense for you and your girls.

For the Closing Ceremony, it would be ideal to take girls outdoors to "Leave a place better than you found it." For example, you can plan to take them outside your meeting area, to a park, a school, or on a trail.

Prepare Ahead

- Get your badges [here](#).
- Print out or show a sample of a green Girl Scout trefoil for girls to draw (you download off the internet and can show one plain or with girls' profiles)
- Print out a list of items for a Scavenger Hunt, you'll need one list for each group of girls. Leave writing space for girls to fill in items. Feel free to add your own ideas:
 - Something that smells sweet:
 - Something with water inside:
 - Something yellow:
 - Something that feels rough:
 - Something red:
 - Something you could eat:
 - Something round:
 - Something smooth:
 - Something large:
 - Something tiny:
 - Something pretty:
 - Something heavy:
 - Something from outside:
 - Something soft:
- Set up room for Scavenger Hunt, add items you might need (such as water in a cup, a rock or leaf from outside, a scarf for "something pretty.")
- Buy ingredients to make S'mores during snack time.

Get Help from Your Friends and Family Network

Your Friends and Family Network can include:



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- Girls' parents, aunts, uncles, older siblings, etc.
- Other volunteers who have offered to help with the meeting.

Ask your network to help:

- make snacks
- welcome girls to the meeting
- supply materials for the session

Meeting Length

90 minutes

The times given for each activity will be different, depending on how many girls are in the troop. Plus, girls may really enjoy a particular activity and want to continue past the allotted time. As much as possible, let them! That's part of keeping Girl Scouting girl-led! And what do you do if you only have an hour for the meeting? Simply omit some of the activities.

Materials

Activity 1: As Girls Arrive

- Paper
- Pencils, markers, crayons
- Scissors
- Sample of green trefoil for girls to copy

Activity 2: Opening Ceremony

- PDF of Girl Scout Promise and Law
- Sample or picture of World Trefoil pin

Activity 3: Play a Wide Game

- Printed copy of Scavenger Hunt items, one for each group of girls

Activity 4: Pack a Bag

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- Paper
- Pens and pencils
- White board with:
 - Chalet in Switzerland
 - Sangram in India
 - Pax Lodge in England
 - Cabaña in Mexico

Activity 5: Snack Time

- Water, juice, or milk
- Camp stove, toaster oven or microwave oven (optional)
- Roasting sticks for marshmallows (optional)
- Ingredients for S'Mores:
 - Marshmallows or marshmallow fluff
 - Graham crackers
 - Chocolate bars or chocolate spread
 - Coconut flakes (optional)

Activity 6: Create a Sisterhood Collage

- Poster board
- Glue stick
- Trefoils girls made when they arrived
- Magazines and catalogs for girls to cut images
- Scissors

Activity 7: Closing Ceremony

- Girl Scout Way badges, one for each girl

Detailed Activity Plan

Activity 1: As Girls Arrive

Time Allotment

5 minutes

Materials



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- Paper
- Pencils, markers, crayons
- Scissors
- Sample of green trefoil for girls to copy

Steps

As girls arrive, they draw a Girl Scout trefoil with a sisterhood saying on it. Girls will cut out their trefoils to make into a collage later so make sure to collect them.

SAY:

- *The trefoil is your special symbol as a member of the Girl Scouts. Draw a trefoil on a piece of paper. If you remember what you said about Sisterhood from the last meeting, write it on the front side of your trefoil. Even if you don't remember, write a word or phrase about what Sisterhood means to you. It can even be a line from the Girl Scout Promise & Law.*

Activity 2: Opening Ceremony

Time Allotment

10 minutes

Materials

- PDF of Girl Scout Promise and Law
- Sample or picture of World Trefoil pin

Steps

Gather girls in a circle. Welcome them to the second Junior Girl Scout Way meeting.

Girls say the Girl Scout Promise and the Girl Scout Law together.

SAY:

- *When you arrived, you drew the Girl Scout green symbol.*

[Hold up sample of World Trefoil pin]



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- *The symbol comes from this World trefoil pin, which is the global symbol for the Girl Scouts. You know what else it is? It's the sign of the North from an old sailing compass. It's a directing sign that became a guide for people who traveled to far places of the earth. It helped with travel and exploring and became a symbol for direction and conquest.*
- *No matter where in the world you travel, if you meet up a Girl Scout or Girl Guide, you'll see the same World trefoil pin.*
- *Do you know what the things in this pin stand for? Check out the three leaves—just like the three fingers of the Scout sign, they represent the Girl Scout Promise.*
- *The flame is the flame of friendship. The compass needle is to guide you and the two stars are the Girl Scout Promise and Law. The circle is for the World Association, and the yellow trefoil on the bright blue background is for the sun shining over the children of the world.*
- *The symbol is one of the Girl Scout traditions.*

Activity 3: Play a Wide Game

Time Allotment

20 minutes

Materials

- Printed copy of Scavenger Hunt items, one for each group of girls

Steps

Explain wide games to girls and have them play one.

SAY:

- *Another Girl Scout tradition is playing a wide game.*
- *A wide game usually covers a large area and you do a bunch of things that are tied to a story or theme. Want to try one?*

[Put girls into groups of 3-4]

- *Let's do an Observation Skills Scavenger Hunt.*
- *Each group has the same list. You'll have 10 minutes to go around the room to write down what you found for each item. Remember to leave the items where you find them, just write down what the item is on your scavenger hunt list.*

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[When girls are done, have them share their findings, beginning with the first team to find all items]

- *What same items did all the groups find?*
- *Were any of the items hard to find? Which ones?*
- *Did you find more than one item for the description on the list?*
- *How did you work as a team to find items? (Did you spread out or work together?)*

Activity 4: Pack a Bag

Time allotment

20 minutes

Materials

- Paper
- Pens and pencils
- White board with:
 - Chalet in Switzerland
 - Sangram in India
 - Pax Lodge in England
 - Cabaña in Mexico

Steps

Divide girls into four groups and assign each a place of travel.

SAY:

- *One exciting thing you can do as a Girl Scout is take a trip outside the United States to meet other Girl Scouts. The Girl Scouts has four world centers in different parts of the world. You can save your cookie money earnings to do it, too! Sound like fun?*
- *You are four groups of traveling buddies and I've given each of you a destination. Your job is to come up with a packing list.*
- *Before you begin, I'll describe each of the destinations:*
 - ***The Chalet** is located in Abelboden, Switzerland. It's in the Swiss Alps and has lots of fun outdoor adventure activities, like hiking, climbing and skiing. There are snow-capped mountain peaks and wild flower meadows. Apart from summer, the weather is usually cool or cold.*



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- **Sangam**, located in Pune, India, means “coming together” in the ancient language of Sanskrit. Here you’ll explore a bit of India and learn about its customs. You can also go camping at the Sangam campsite! The temperatures are on the warm side (70 to 100 degrees)—the warmest month is May, the coolest is August, with lots of rain in October.
- **The Pax Lodge** is in Hampstead Village, 20 minutes from the center of London. England is the home of the Girl Scouts World bureau. It’s known as “a place where strangers soon are friends.” At the Pax Lodge, you’ll be involved with Girl Scout activities and programs with other girls from around the world. And you’ll get to tour nearby London. The weather is on the mild side with a good chance of rain.
- **The Cabaña** is in Cuernavaca, Mexico—just outside of Mexico City, a city of eternal spring—it can bring sunshine and rain. Here you can learn about Mexican culture by attending a fiesta, visiting the pyramids, doing a service project with a local community, and learning about Mexico’s customs and crafts.
- **Think about:**
 - What do you need to bring to go to a warmer climate like Mexico or India?
 - How about somewhere cold like Switzerland?
 - What type of things will you want to be sure to bring? (A guidebook? SWAPs to share with girls you meet? Your uniform? Girl Scouts are expected to wear their uniforms when visiting a World Center.)
 - Will you be camping? Meeting other girls? Doing a lot of walking and touring?

[When girls are done, have them share their packing lists]

- Did you think of others things you would pack for a destination, even if it weren’t yours?
- Which of these places sound like somewhere you would want to visit?

Activity 5: Snack Time

Time Allotment

15 minutes

Materials

- Water, juice, or milk
- Camp stove, toaster oven or microwave oven (optional)



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- Roasting sticks for marshmallows (optional)
- Ingredients for S'Mores:
 - Marshmallows or marshmallow fluff
 - Graham crackers
 - Chocolate bars or chocolate spread
 - Coconut flakes (optional)

Steps

Make no-heat S'mores with girls.

SAY:

- *Did you know that the first S'more recipe appeared in a 1927 Girl Scout handbook and it's one of our yummiest traditions! The story is that they are called "S'mores" because everyone who tried one asked for "some more."*
- *There is even a national S'mores day: it's August 10.*
- *The S'more is a traditional campfire treat. Have you ever roasted a S'more over a campfire? What happens to the marshmallow?*

(Note to volunteers: Use a chocolate spread--like chocolate hazelnut or nutella--and marshmallow fluff for a no-bake option. Add coconut flakes if desired.)

Activity 6: Create a Sisterhood Collage

Time Allotment

20 minutes

Materials

- Poster board
- Glue stick
- Trefoils girls made when they arrived
- Magazines and catalogs for girls to cut images
- Scissors

Steps

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Have girls work together to create a collage using the trefoils they designed combined with magazine images they can cut out. If your troop is large, break girls into two groups and let them work on another poster board.

SAY:

- *Use the trefoils you designed and cut out images from the magazines and catalogs that you think work with your collage. No matter how you assemble your collage, there won't be another like it in the world.*

Activity 7: Closing Ceremony

Time Allotment

10 minutes

Materials

- Girl Scout Way badges, one for each girl

Steps

Girls form a friendship circle, get their badges, and end with the friendship squeeze.

(Note to volunteers: If you can, take girls outdoors for cleanup. For example, outside around your meeting area, to a park, a school, or on a trail.)

SAY:

- *You celebrated a Girl Scout birthday ceremony. You learned about traditions and ate S'mores. Now you'll form a friendship circle and give each other a friendship sign.*
- *Everyone stand in a circle. Each girl crosses her right arm over her left. Clasp hands with girls on both sides.*
- *Everyone be silent and think about the many ways Girl Scouting is special. I'll tap one girl and she'll begin by giving a squeeze with her right hand and each girl should do the same as it passes from hand to hand. The friendship circle stands for an unbroken chain of friendship with Girl Scouts and Girl Guides around the world.*
- *Congratulations on earning your Girl Scout Way badge!*

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Ask a girl to end the ceremony by starting the friendship squeeze.