

## **Girl Scouts Camping List**

For our next meeting, we plan to go on an actual campout! Please help prepare your Junior with the following basics:

(Note to volunteers: Councils may have diff guidelines. This list is one example.)	ferent packing lists based on state
Change of clothes	Make sure she is wearing:
Extra socks	Pants (light or heavy, depend on the weather!)
PJs	
Sweater or sweatshirt	Long-sleeved shirt
Toiletries such as a towel, toothbrush, toothpaste, lotion, washcloth)	Jacket (or rain shell)
Mess kit: plate, cup, bowl, eating utensils in a net bag	Wide-brimmed hat (such as a baseball hat, if it's sunny)
Sleeping bag and pillow	Wool fleece hat (if it's cold)
Air mattress or yoga mat (optional)	Gloves (if it's cold)
Flashlight	Insect repellent
Water bottle with water (reusable	
preferred)	Sunscreen