



In an instant Girl Scouts can use technology to connect, inspire, inform, and even mobilize others. Today's badge activities were focused on how to be digital leaders—inspiring and guiding others while using the digital world to get active in their community and causes they care about.

Here's a little more about what we covered:

- Digital vocabulary words like avatar, catfish, troll, and phishing
- What their digital landscape might look like and the impact their online presence has
- Online safety and how to maintain digital well-being
- Understanding an algorithm's role in media bias and fake information online
- The importance of diversity in the voices in a digital landscape
- Being critical of digital advertisements online
- Making an impact online using your own voice and amplifying the voices of others

Help your Girl Scout(s) lead at home...

Have your Girl Scout(s) explain to your family what a digital landscape is. Together, brainstorm a leader who lived before the internet was invented. Think about how that person would use the internet—how would they stand up for their community and what kind of content would they create? Other fun things to consider: who would they follow online, who would their audience be, and how would they deal with untrue stories online? Get silly and even think about what their favorite emoji would be. Then, brainstorm how this technology could have helped their cause. What a fun way to think critically about history!

Here are a few tips to keep your Girl Scout(s) safe online...

- Have them use the setting on their device or on an app to track their screen time to make sure they're getting the right balance of online/ offline time. Suggest muting notifications if they want to feel more in the moment.
- 2. Make sure they're using a secure Wi-Fi network and that location sharing is off. Remind them to be wary of phishing emails, online trolls, and people who aren't who they say they are online (catfish).
- 3. Talk to your Girl Scout(s) about the content they consume online and how it makes them feel about the world and themselves. Let them know if they ever feel hopeless or depressed, you're there to talk. If they see someone else in crisis, encourage them to reach out or tell an adult.
- 4. Empower them to use their security settings to keep their content private on social media.
- 5. Remind your Girl Scout(s) that they control what they see and interact with online. They can mute, block, or unfollow accounts that make them uncomfortable and report bullying to the platform as well.