



# Starter List for Your First Aid Kit

## Supports Meeting 2, Activity 2, Choices 1 and 2

Check off each item after you add it to your kit. It's okay if you don't have every item on the list.

- |                                                       |                                                               |
|-------------------------------------------------------|---------------------------------------------------------------|
| <input type="checkbox"/> Latex-free disposable gloves | <input type="checkbox"/> Gauze                                |
| <input type="checkbox"/> Antibiotic ointment          | <input type="checkbox"/> Adhesive cloth tape                  |
| <input type="checkbox"/> Hydrocortisone ointment      | <input type="checkbox"/> Oral thermometer (disposable)        |
| <input type="checkbox"/> Scissors                     | <input type="checkbox"/> Face mask or other breathing barrier |
| <input type="checkbox"/> Tweezers                     | <input type="checkbox"/> Survival blanket                     |
| <input type="checkbox"/> Adhesive bandages            |                                                               |

What else will you add?

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

