



Starter List for Your First Aid Kit

Supports Meeting 2, Activity 3, Choices 1, 2, and 3

Check off each item after you add it to your kit. It's okay if you don't have every item on the list.

- | | |
|---|---|
| <input type="checkbox"/> Latex-free disposable gloves | <input type="checkbox"/> Gauze |
| <input type="checkbox"/> Antibiotic ointment | <input type="checkbox"/> Adhesive cloth tape |
| <input type="checkbox"/> Hydrocortisone ointment | <input type="checkbox"/> Oral thermometer (disposable) |
| <input type="checkbox"/> Scissors | <input type="checkbox"/> Face mask or other breathing barrier |
| <input type="checkbox"/> Tweezers | <input type="checkbox"/> Survival blanket |
| <input type="checkbox"/> Adhesive bandages | |

What else will you add?

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

