

## Cadette Archery Badge

# Archery Terms

### Archery terms to know before you get on a range:

**Nock:** Place arrow onto string

**Set:** Get your position in place

**Set-up:** Raise your bow arm and drawing arm to nose level

**Draw:** Pull the bowstring back

**Anchor:** Place your drawing hand in a position on the face, mouth, or jaw

**Transfer:** Move all the power to your back

**Aim and expand:** Align arrow to target

**Release:** Let go of arrow

**Follow through:** Maintain your upper body muscles after releasing the string