



Body Language Charades

Supports Meeting 2, Activity 2, Choice 2

Use these suggestions to create flash cards for a game of positive body language charades. One person pulls a card and makes the movement; everyone else tries to guess what it is and what it means. Feel free to add your own ideas below!

Note: Some of the items on this list (a hug, shaking hands, high five) involve touching another person's body. To respect body boundaries, tell Girl Scouts to act out physical contact without actually making the contact.

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| ● Nodding to agree | ● Waving at someone |
| ● Smiling | ● Feeling excited |
| ● Making eye contact | ● Listening attentively |
| ● Gesturing while speaking | ● Keeping arms uncrossed |
| ● Sitting up straight | ● Leaning toward someone |
| ● Standing with good posture | ● Tilting your head |
| ● Shaking hands | ● Clapping your hands |
| ● Giving a hug | ● Raising your eyebrows |
| ● Laughing | ● Sitting with legs uncrossed |
| ● Giving a thumbs up | ● Standing with arms uncrossed |
| ● Giving a high five | ● Gently raising eyebrows |

Other ideas:
