## Movement Scavenger Hunt

## Supports Meeting 2, Activity 3, Choice 2

In this movement scavenger hunt, Brownies locate and interact with specific things outdoors, moving their bodies throughout. Remember to Leave No Trace—return anything you touch to its original place!

Scavenger hunts are highly individualized. The items and tasks should reflect what's available and possible for your troop. Consider your location, time of year, and your group's abilities when planning this activity.

This list of suggestions will get you started. Use them all or just a few—it's up to you. Feel free to add your own as well. Happy hunting!

	Skip across a bridge or path  Hop across one full sidewalk square in a single leap		for the grid and stones as pieces  Breathe in deeply through your nose and describe
	one minute		Play a game of tic-tac-toe with a friend using sticks
	Notice any sound of nature (birds chirping, rustling leaves, a gurgling brook) and dance to it for		Chase a butterfly
	Walk heel-to-toe along a crack in a sidewalk or path		Hug a tree that you can just barely get your arms around
	Catch a falling leaf or seed		Skip a rock in a pond or lake
	Do a cartwheel or somersault on a soft patch of grass		Observe an insect
	Climb up a small hill or mound and shout, "I'm on top of the world!"		Walk in a star shape between five trees to build an imaginary spiderweb
	Smell three different kinds of flowers		for your friends
	Run your hands up and down rough tree bark		Imagine what a chirping bird is saying and translate
	Walk around a tree three times, as quickly as you can		Copy an animal's movements (squirrel, bird, dog, etc.)
	Form your initials on the ground with sticks		Find something that shows your reflection and make your best funny face at it
			including this activity)
	Balance a stick upright on your palm while you slowly count to five		Reach up and touch a low-hanging tree branch  Take a piece of litter to a bin (note: use gloves if
	Flap like a bird as you move from one tree to another	_	(swing, slide, etc.) for one minute
	Splash in a puddle with your hands or feet		Get active on any piece of playground equipment