

Checklist for Outdoor Adventures

Use this list to help make a checklist of things you might need for your outdoor adventure. And add things too!

- ☐ Proper clothing and footwear
- ☐ Sun protection
- ☐ Water
- ☐ Food
- ☐ First-aid kit
- ☐ Form of shelter
- ☐ Light source
- ☐ Repair kit