

Dancer

Activity Choice Descriptions

Walk your girls through the activity choices and let them decide which ones they like best.

MEETING 2 ACTIVITY CHOICES

Try a New Dance

Do Some Famous Moves: Watch a dance performance or recital, a movie with dancing, or a TV dance show and try the moves out for yourself!

Ask a Dancer for Help: Invite a dance teacher or a family member, neighbor, or older Girl Scout who is skilled at dancing to teach you some basic steps or a simple folk dance.

Try “Dancercise”: Choose one—such as Zumba, Jazzercise, or step aerobics—and learn a dancercise routine.

Take to the Floor Like a Dancer

Head to the Studio: Visit a local dance studio and ask a teacher to show you good posture, how to use your face and hands to show feeling, and how to take a bow.

Team up with an Adult to Find Performance Tips at the Library or Online: Once you’ve found tips to help you, practice at home or with your friends and Brownie sisters.

Pretend You’re a Girl Scout in 1930: Try out dances and activities from the 30’s with the troop.

Show Your Moves

Throw a Dance Party: Gather with your friends, Girl Scout sisters, or your family. Teach the dance you created or a dance you learned.

Perform a Dance Show for Your Community: Your show could be for a school talent show, a festival, a Brownie ceremony, or a special celebration at a Girl Scout meeting.

Perform a Dance for Your Family: Be sure to teach them the steps.