

## Eco Friend

# Activity Choice Descriptions

Walk your girls through the activity choices and let them decide which ones they like best.

## MEETING 2 ACTIVITY CHOICES

### Build a Safe Campfire

**Learn How to Build a Fire & Learn How to Safely Put Out a Fire:** Have an adult help you build and light a fire that is safe, then work with them to put it out safely.

### Take Care of Wildlife

**Be the Best Guest:** Imagine your favorite wild animal and think of ways that humans can be disrespectful of its living space. Draw or paint a picture of your animal and talk about how humans can treat its living space kindly when they are outside.

**Keep Animal Homes Safe:** With the help of an adult, find out what kinds of homes are built by wildlife in your area and go exploring to see if you can find some of these homes outdoors. Draw a picture or make up a story about who lives there, why they chose that place, and how people can make sure the home is a safe and peaceful place to live.

**Visit a Wildlife Rescue Agency:** Visit a wildlife rescue agency and talk to a wildlife rehabilitator about the work they do. Do they know about the Leave No Trace guidelines? How do they follow them in their work?

## MEETING 3 ACTIVITY CHOICES

### Practice Being Kind

**Visit a State or National Park and Find out about the People Who Work and Visit There:** Talk to a park ranger. Find out what kind of problems they see when people do not respect the environment? What advice can they give to people who want to be kinder to outdoor spaces?

**Come up with Three Ways You Can be Kind to Others When You're Outdoors:** Brainstorm three ways you can be kind to others while outdoors. Then visit an outdoor area and practice all three ideas.

**Help Improve an Outdoor Space:** Come up with ideas of ways to make the outdoor space of your meeting location better than it is now, and then put your plan into action.