

## Fair Play

# Activity Choice Descriptions

Walk your girls through the activity choices and let them decide which ones they like best.

## MEETING 2 ACTIVITY CHOICES

### Include Everyone

**Ask a Woman about Title IX:** Title IX is a law passed in 1972 that required schools to allow girls to have the same sports teams, gym time, and uniforms that boys did. Talk to a woman who went to school before 1972 about how this law affected her.

**Find a Sport that Women Play Professionally:** Team up with an adult to find a book or information online about a professional women's sports group or association.

**Learn about Disabilities and Sports:** Work with an adult to find out how a sport is played by people with disabilities.

### Keep Score

**See a Sport Live or on Television:** Watch a whole game and find out how they score points. Keep your own score and see if it matches the official score of the game.

**Make More Points:** Play the game on the Points Match Up handout. Then choose one sport and find out how many points you get when you score. Think of ways to award more points if you were in charge.

**Keep Score for a Sport You Play by Yourself:** Choose a sport like biking, skating, or jumping rope and figure out how and when you should get points. Then go out and play! Practice playing fair by keeping an honest score for yourself.

## MEETING 3 ACTIVITY CHOICES

### Have a Field Day

**Make a Team Relay that Combine Three Different Games:** You might hit a ball through croquet hoops, then make a basket through a hoop, then throw a baseball to the next teammate so she can start. See which team can finish first!

**Make a Theme Day:** Decide on a theme with your Brownie friends. Then make up games that go with it. For example, you have a zoo field day and jump in sack races like bunnies or make baskets in a game of Horse.

**Make up a Championship:** Divide into four teams and choose at least three different games. First, compete within your team. Then choose your team's strongest player to play in a championship game against the other teams' strongest players.