

Outdoor Adventurer

Games to Play Outdoors

Capture the Flag

NEED: A flag or a piece of cloth

HOW TO PLAY: Two teams face each other. Make sure you can count 30 steps between your two teams. Both teams have a flag hidden behind their line. Your goal is to get the other team's flag across your own line without being tagged. If tagged, you become a prisoner of the other team and must return the flag. You can tag the opponent only when they are behind your line. The team who gets the flag back or tags all the other team players wins the game.

Survival Tent Game

NEED: A plastic parachute or tarp

HOW TO PLAY: All girls wear blindfolds, except for two. The two girls direct the blindfolded girls to put up the tent so that everyone can fit underneath it. Should they find a place to secure the tent's edges? Or should some of the girls hold the edges for others to go under? It's all up to you!

Marco Polo

NEED: At least two players and a place to swim

HOW TO PLAY: Choose one girl to be "Marco." She closes her eyes and yells out "Marco!" The other players must respond "Polo!" Marco follows the sounds of "Polo" and tries to tag a girl. When Marco tags another player, she becomes the new "Marco."

Fun to know: Marco Polo was a real-life 13th century Italian explorer who lived in China and wrote about his travels.

Sleeping Bag Rolling Relay Race

NEED: A sleeping bag

HOW TO PLAY: Divide into two teams. Each team needs one rolled but untied sleeping bag. Each team member runs up to the bag, unrolls it, crawls inside, crawls out again, rolls the bag back up, and runs to tag the next player. The team that finishes first wins.