

Outdoor Adventurer

Know Your Knots

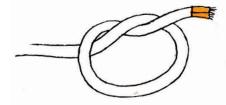
The overhand knot can untie easily if tied around something. The square knot, which is two overhand knots, is more secure.

Overhand Knot

To tie a knot in the end of a rope, make an overhand knot.



1. Make a loop near the end of the rope.



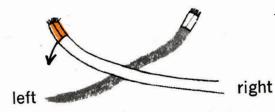
2. Put the end through the loop.



3. Pull, and you have it!

Square Knot

To join two ropes of the same thickness, make a square knot.



 Hold one end of the rope in each hand. Cross the right end over the left end—



2. —then under and over, this way. You now have a new left end.



3. Put the left end over the right—



4. —and under into the loop.Pull tight!