

## Outdoor Adventurer

# Activity Choice Descriptions

Walk your girls through the activity choices and let them decide which ones they like best.

## MEETING 2 ACTIVITY CHOICES

### Explore Nature

**Go on a Nature Hike:** Go on a treasure hunt to collect leaves, pinecones, shells, acorns, and odd-shaped rocks.

**Create a Scent Diary:** Bring a notebook and draw or write about the things that create the unusual, amazing, and mysterious scents you can find outdoors.

**Sky Watch:** Learn about different kinds of clouds, then go outside and look at the sky!

### Learn a Camp Skill

**Prepare a Campfire:** Collect dry twigs, wood, shavings, sticks, and large wood for a fire.

**Tie an Overhand Knot and a Square Knot:** There are many kinds of knots. Learn to tie the overhand and the square knot, which is also known as the joining knot.

**Learn to Roll a Sleeping Bag:** Practice rolling and tying your sleeping bag tightly so that it's easier to carry.

### Care for the Outdoors

**Improve a Trail:** Help clear an old hiking trail or think of ways to remind people to protect plants and wildlife.

**Care for Animals:** Come up with cool ways to help other living things around you! You might put up a bird feeder, create a birdbath, or you could plant flowers like zinnias and marigolds to attract hummingbirds.

**Help an Outdoor Space You Love:** Come up with ideas on cool ways to improve one of the outdoor spaces you love. Maybe you can plant new bushes or trees!