

aMUSE

# Keep a Casting

Imagine your life as a movie.

Keep your own Casting Call Log to track the many women you encounter each day. Try it for a few days, or a week or two.

Think about the roles all the women in your life play. Some take care of your basic needs by providing you with food, shelter, clothing, ways to stay healthy, and ways to get where you need to be. Some give you encouragement, teach you new things, or challenge you to stretch your abilities. Some keep your community running smoothly—they direct traffic, repair streets and buildings, deliver the mail, and decide cases in court.

Name	Role(s) she plays	How does she act?

# Call Log



Pay attention to how all these women act when they perform their roles. Do they:

- ◆ look people in the eye and speak firmly and clearly?
- ◆ use their hands or facial expressions for emphasis when they talk?
- ◆ make decisions for large groups of people?
- ◆ remind you of values in the Girl Scout Law? Are they honest and fair, friendly and helpful, considerate and caring, or ...?

Good leaders tend to do all these things, too. Which of them do you do? Which might you want to practice more?

**Being a casting director forces you to observe people more closely than you ever have before.** What do you notice about the women in your log that you hadn't noticed before? In what new ways are you now appreciating them?

**Is this a role you would like to try?  
Why or why not?**

**What value(s) of the Girl Scout Law does she express in her role(s)?**

