

Brownie Snow or Climbing Adventure

Games to Play

For Rock Climbing

Octopus. Climb up the wall to a spot where you are comfortable. Then, shout out “Octopus!” letting a friend on the ground know to watch you. While keeping your hands and one foot where they are, move your other foot around to see how many holds you can touch. Your partner can count out loud as you go. Can you reach farther than you thought?

Colors: While you are climbing, have a friend call out the color of the holds you can use while you climb. Then, switch and do the same for your friend.

For Cross-Country Skiing

Red Light, Green Light. Take turns being the traffic police for your friends on skis. Say “green light” and have them ski toward you. Then, say “red light” for them to stop. Give them to the count of three to stop before having them go back to the start line. This is a great way to practice moving on your skis!

Mark your path. Use cones or other objects to create a path to practice your turns and change direction. Look for spots along your path to try certain skills like falling down and getting up, skiing uphill with the herringbone technique, and turning at the bottom of a hill.