

HOW TO MAKE SEED PAPER

You Will Need:

- Thumbtacks
- Wooden frame
- Hammer
- Construction paper
- Blender or electric mixer
- Large baking pan (to dip your frame in)
- Seeds
- Paper towels or reusable cleaning cloths
- Old bath towel



▲ **1.** Thumbtack a mesh screen tightly across a frame (it could be an old picture frame). Use a hammer if necessary.



2. Soak shredded paper overnight in bowl of water.

◀ **3.** The next day, add soaked paper to a blender and mix (make sure to use the lid!) or beat carefully with an electric mixer to make a smooth pulp. If the mixture isn't smooth, add water.

4. Put pulp mixture in a baking pan, then add more water as needed.

5. Stir in seeds.

6. Stir up the mix with your hands (to keep things from settling at the bottom).

7. Hold the screen frame parallel to the tabletop and dip it into the pulp-and-seed mixture. Gently move it from side to side to remove excess water and distribute the pulp evenly on the screen.

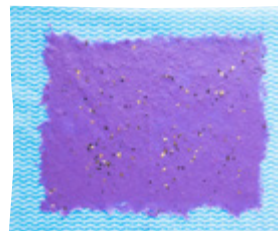


▲ **8.** Lift the screen frame out of the water, keeping it parallel to the tabletop.

9. Place the screen frame with the pulp and seed mixture on top of an old bath towel and let it drain. Press a paper towel or cleaning cloth to absorb and lift the water from the paper.

10. Place the frame, pulp side down, onto another dry paper towel or cleaning cloth.

11. Slowly lift the screen and peel the edge of the paper away so the seed paper drops onto the cloth. ▶



12. Let the paper dry overnight or place outside in the sun to dry.

13. Cut your paper into shapes and decorate it!

⚙️ **Tip:** If the paper is not flat after drying, place a heavy book over it for a few hours.

Directions for planting: Lay paper on top of soil and sprinkle 1/4-inch layer of soil over it. Water soil lightly and keep seeds wet until they sprout.

