

Simple Meals

Cuban Sandwich

MAKES 1 SANDWICH

Ingredients:

- 1 tablespoon yellow or Dijon mustard
- 1 tablespoon mayonnaise
- 1 sandwich roll
- 2 slices Swiss cheese
- 2 slices ham or roasted turkey
- 4 dill pickle slices
- butter (for toasting)

Directions:

1. Spread mustard and mayo over both halves of the roll.
2. Place first slice of cheese on the bottom of the roll, add meat and pickles, then the second slice of cheese, and finally add the top of the roll. (This construction will help the cheese melt!) Push down as hard as you can, squashing the sandwich.
3. If you want to toast the sandwich, butter the outside of the roll on both sides.
4. In a frying pan over high heat, toast the sandwich on each side for about 2 minutes, or until slightly browned. (To toast, you can also use a sandwich press or countertop press grill.)
5. Let cool a bit, then enjoy!