

## Horseback Riding

# Horse Care and Safety

Here's what you need to know:

- **How to be safe around horses.** How do you approach a horse? Where's the safest place to stand near a horse? How do horses use their tails and ears to let you know how they're feeling? Remember to always wear a helmet when you're near horses.
- **How to brush a horse and clean her hooves.** What type of brush should you use on a horse's delicate face? Why is hoof care so important for preventing horse injuries?
- **How to clean a stable.** Find out how to muck out a stall, what type of bedding is used for horses, and how much water should be available for her to drink.
- **How to feed a horse.** Find out how much and what kind of food a horse needs daily. What are acceptable treats for a horse?