

Horseback Riding

Horse Speak

What's your horse trying to tell you? Check out her facial expressions. Look at her ears, eyes, and mouth. Here's how a horse might say ...



"I like you."

She's nibbling at your shoulder or hands while you groom or feed her.



"I'm relaxed."

She's completely at ease. Her eyes may be closed. Her head is lowered, and her muscles aren't tense.



"I'm happy."

She has a soft look in her eyes. Her ears are facing forward. Her mouth and muscles are relaxed. She may let out a sigh.



"I'm mad."

Her ears are pinned back. Her upper lip is curled. Her teeth are bared. She is stamping her feet. She's swinging her body to get away from anyone trying to control her.



"I'm scared and nervous."

Her head and neck are held high. Her muscles are tense. She's trembling. Her tail is tucked against her back legs. She's grinding her teeth.