

Eco Camper

Packing Essentials

No matter what type of camping you do, you'll want to bring these items along. Talk to your family before you go, to make sure you're not missing anything!

- Water in a reusable bottle, water purification gear
- Flashlight with extra batteries
- Long-sleeved jacket
- Poncho or raincoat
- Sun protection: hat with a brim, sunscreen, lip balm, and sunglasses
- First aid kit
- Any medications you may need (inhaler, EpiPen)
- Pocket knife (if you've been taught how to use one)
- Emergency food (such as trail mix or granola bars)
- Trowel, plastic bags that zip, and toilet paper (to make a portable toilet, if needed)
- Whistle
- Appropriate shoes
- Matches in a waterproof container
- Bug spray
- Map of area and compass