

## Outdoor Art Explorer

# Rainy Day Music

For this activity, a group of people sit in a circle, with one person as the leader. The leader starts making sounds, and one by one each person follows the lead of the person on their right. If you're the leader, you might start like this:

1. Rub your palms together.
2. Snap your fingers.
3. Clap two fingers on the palm of your hand.
4. Clap your hands.
5. Slap your lap or slap the floor.
6. After the sounds get very loud, repeat the activities in reverse as the "storm" dies down.
7. Then slowly stop, until the room is silent.