

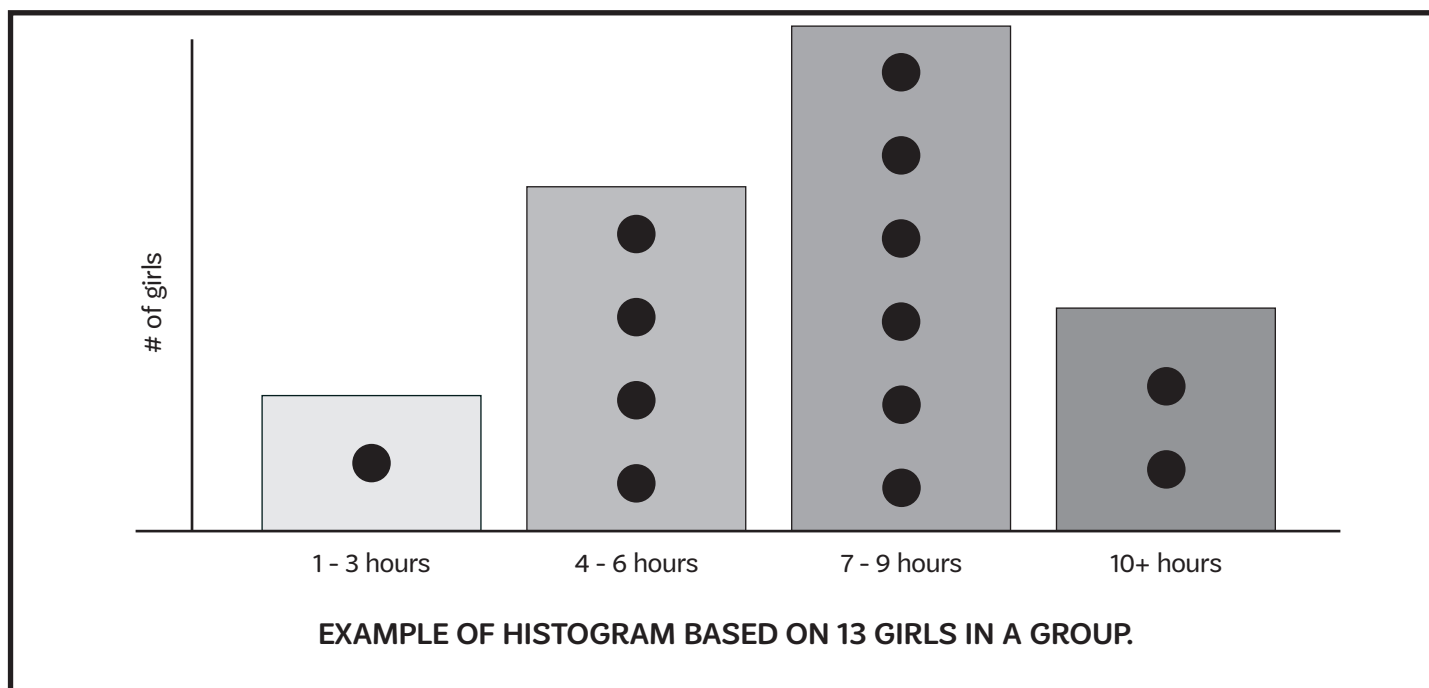
## App Development 1

# Sample Activity Tracking Bar Chart

**For Step One:** A histogram is a graphic that displays data as bars of different heights. The height of each bar represents numbers; the taller the bar, the higher the number. The numbers are often presented as ranges. In this example, the ranges are 1 - 3 hours, 4 - 6 hours, 7 - 9 hours, and 10+ hours.

### AVERAGE HOURS OF SLEEP PER WEEK

Each dot represents data from one girl



**For Step Two:** Here's the same set of data written as an array:

```
var ourSleep = [3, 6, 5, 4, 6, 7, 8, 8, 9, 7, 8, 10, 10]
```