

Junior Snow or Climbing Adventure

Skills Practice for Recreational Tree Climbing

- Learn how to properly fit your harness and helmet.
- Learn and use safety commands. Find out which ones are required by the instructor (or venue) you're using
- Complete a test climb. Connect your harness to the tree climbing system, climb up a few feet, let go of the ropes, feel how the system catches you, and then lower yourself to the ground. This way you'll know what it feels like if you let go of the ropes while climbing.