

THE JOURNEY: What It's All About

Power *isn't* about people who:

- Start everything
- Tell others what to do
- Give speeches

Power is the way you act in everyday amazing ways:

- When your little brother asks you to play "horse" for the 89th time—and you do it with a smile. That's power.
- When you notice that the new kid at school sits alone at lunch and you do something about it. That's power.
- When you figure out how to be part of a team. That's power.
- When you solve problems—your own and the world's. That's power.





Think How have you shown your power lately?
About At home? At school? In your community?