



CABIN CAMPING

Before completing this charm, participants should have completed the Wild Wonders Patch as well as Leave No Trace, First-Aid, and Fire Charms. If you plan on using knives for cooking or other things, girls should also complete the Knives charm.

Supervising adults must have TCC1 Training Certification prior to the earning of this charm. Visit girlscoutsaz.org/tcc for more information on adult training online certifications.

This program is self-guided. There will be opportunities for supplemental virtual events (and future in person events) that will guide you in the completion of your charm.

Cabin camping and tent camping differ only in that cabin camping has structural walls surrounding you while you are sleeping. Many of the rules for cabin camping and tent camping are the same.

DAISY AND BROWNIE (GRADES K-3)

Help plan a camping trip.

- » With your leader or family, decide where you would like to go. Discuss what you will eat, what you will need to pack, and what activities you'll want to do.
- » Plan a simple meal you can make yourselves. Some ideas include sandwiches, fruits and veggies, and other easy meals.
- » Set up a Kaper chart before you go, outlining everyone's roles for the trip.
 - What will each girl be in charge of bringing for the trip?
 - What will each girls' job be on the trip?
- » Create a packing list so everyone has all their essentials.
 - Girls should assist in the actual packing so they know where all of their things are.
- » Review Leave-No-Trace principles so girls are aware of how their actions affect others.

Go camping!

- » Get settled in your cabin or set up your tent and agree on sleeping arrangements during the daylight.
- » Enjoy the outdoors!
 - Be sure to spot any dangers (animal homes, poison oak, or thistles) and point these out to the group so they are aware of them.
 - Play an active game or take a short hike. Don't forget your water!
 - Learn to tie a simple knot.
- » Enjoy the space inside the cabin.
 - Play a card game or a trivia game in the evening to wind down.
 - Tell fun stories or talk about each person's favorite part of the day.

JUNIOR AND CADETTE (GRADES 4-8)

If this is your first time camping, we recommend reviewing the steps listed for girls in grade K-3 before completing this section.



WILD
WONDERS

Choose your campout!

- » Where will you go? What will you need to pack? As a troop or family, create a personal packing list and a troop packing list. Keep in mind how many days you will be camping.
- » As a troop or family, create a Kaper chart. Each person should have job for each activity and day of the camping trip.
- » Help plan your meals. [Look up different cold recipes.](#)
 - Research different types of foods with high proteins and nutrients.
 - What are some foods that will give you energy?
 - What are some foods to avoid to bring to a camping trip?
- » Prepare for emergencies by packing a first aid kit.
- » Enjoy the space outside of your cabin by taking a hike, playing a game of flashlight tag, possibly even having a campfire and s'mores!
 - On your campout, be sure to enjoy the natural world. Keep electronics out of your camping time!
- » Enjoy the outdoors by playing a card or board game, or an old-fashioned game like "Blind Man's Bluff."
 - Remember to leave the space better than you found it. When it's time to leave, make sure you have all of your things, remove any garbage and clean surfaces. Pick up any trash outside of the cabin as well, even if it's not yours.

SENIORS AND AMBASSADORS (GRADES 9-12 + ADULTS)

- » If this is your first time camping, review the information listed for girls in grade K-8 before completing this section.
- » Decide where you would like to camp.
- » Decide on a way to help the area you choose to camp in. It may be picking up trash, beautifying the campground or helping work on a trail. Talk to the park rangers to learn how your troop or family can help.
- » Remember to have fun on your campout! Play cooperative and initiative games, have a campfire, eat s'mores. Camping is a great way to bond with your troop or family.

RESOURCES

The following resources will help in the completion of this charm.

- » Review Girl Scout Guidelines for Group Camping – girlscoutsaz.org/sac
- » Cold Recipes – reserveamerica.com/outdoors/15-no-cook-recipes-for-your-next-camping-trip.htm
- » Nutrition for Camping Food – healthline.com/nutrition/backpacking-food#TOC_TITLE_HDR_15

BADGE CONNECTIONS

By participating and completing this Charms program, you are also on your way to earning Girl Scout badges. Purchase specific badge requirement packets at girlscoutshop.com/ARIZONA-CACTUS-PINE-COUNCIL.

- » Daisy = Eco-Learner, Buddy Camper
- » Brownie = Cabin Camper, Hiker
- » Juniors = Eco-Camper, Camper
- » Cadettes = Eco Trekker
- » Seniors = Eco Explorer
- » Ambassadors = Eco Adcovate
- » Adults trainings available= TCC 1

RECOMMENDED NEXT CHARMS:

- Tent Camping
- Knots
- Navigation