



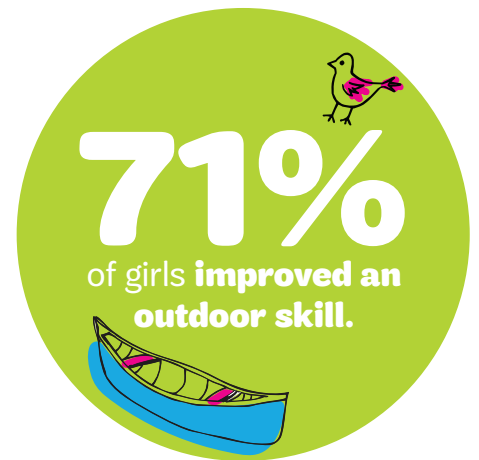
## CAMPERSHIP

A recent study found that children spend an average of six hours a day in front of a computer and/or TV, but less than four minutes in unstructured outdoor play. Researchers refer this as “nature deficit disorder.” This imbalance of time spent indoors in front of screens versus outdoors playing has been correlated with negative psychological and physical effects including obesity, depression, attention problems and greater social isolation. The data is clear: there is an urgent need to get more youth outdoors more often. Increased time in nature leads to increased self-discipline and emotional well-being.

## PROGRAM

GSACPC has a rich history of offering meaningful outdoor experiences for our girls. With four dynamic camps in South Phoenix and Northern Arizona, we provide opportunities for camping, hiking, fishing, canoeing, rock climbing, archery, and more. During summer camp, girls are empowered to step outside of their comfort zone and develop effective leadership skills. Camp activities are intentionally tied to specific leadership outcomes: a strong sense of self, practical life skills and healthy living habits, conflict resolution, and community action. Girls attending camp do not have to be Girl Scouts, and all girls are welcome! Programs lead girls toward long-term results that are aligned with GSACPC’s mission to build girls or courage confidence, and character, who make the world a better place.

GSACPC serves girls from every economic, racial, ethnic, and religious background, and girls of all abilities. We are dedicated to extending opportunities to all girls, regardless of their financial circumstances. GSACPC provides “Camperships,” or financial aid, to girls who may be economically, socially, and physically challenged with limited access to camp. Many of these girls reside in out of home placement facilities including foster care, group homes, kinship care, and detention centers and may have never had a summer camp experience.



## COMMUNITY SUPPORT NEEDED

We believe no girl should be denied a camp experience based on lack of financial resources. Year over year we have more girls apply for camperships than we have resources available to provide them. The average cost per girl per year to attend one of our camps is \$400. Thanks to community support, last year we were able to award 426 camperships to girls demonstrating financial need, including 69 girls in foster care and 64 girl in Social Impact programs. This year we are hoping to increase that number and serve even more girls with camperships, but we need your help! We know that by supporting deserving girls with camp experiences who may not otherwise have the opportunity to connect with the outdoors, we are instilling values of stewardship and citizenship to make our world a better place. To support this program, email [donate@girlscoutsaz.org](mailto:donate@girlscoutsaz.org).

