PLAN YOUR NEXT GIRL SCOUT ADVENTURE

FALL EDITION

girl scouts

western oklahoma



GSWESTOK.org

Calendar at a Glance

August		
Date	Program Event	Girl Scout Level
July-September sign up	Code Camp Kidz	Cadette, Senior, Ambassador
Must register a month before you are wanting to attend the workshop	Horseback Riding Workshop at Old Mountain Farms Troop Outing	Juniors
Need to contact Secret Service one week prior to Troop Meeting	Secret Service Cyber Security Troop Activity	ALL GSWESTOK Girl Scouts

September Septem		
Date	Program Event	Girl Scout Level
September 7	Bronze and Silver Award Workshop	Junior, Cadette
September 14	Savvy Saver and Financial Independence Badge Workshop	Senior, Ambassador
September 8-10	Girl Scouts Love State Parks	ALL GSWESTOK Girl Scouts
September 21	Sunshine on my Mind Workshop in partnership with the CARE Center of Oklahoma and Oklahoma City University Nursing	Daisy, Brownie
September 26	Open Climbing	Brownie, Junior, Cadette, Senior, Ambassador
September 29	Girl Fest: Animal Lovers	ALL GSWESTOK Girl Scouts

October		
Date	Program Event	Girl Scout Level
October 2023-September 2024, once a month	GSWESTOK Book Club	ALL GSWESTOK Girl Scouts
Tuesday October 3, 10, 17, 24	Journey: Agent of Change	Junior
October 3, 2023	Mushroom Cultivation Workshop with Oklahoma Fungi	ALL GSWESTOK Girl Scouts

October		
Date	Program Event	Girl Scout Level
Thursday October 5 and 19, November 2 and January 11	GIRLTopia Visionary Journey	Senior
October 10	Open Climbing	Brownie, Junior, Cadette, Senior, Ambassador
October 13	Freaky Friday the 13th: Home Scientists	Daisy, Brownie, Junior, Cadette, Senior, Ambassador
October 14	Dancer Badge Workshop in partnership with RACE Dance Company	Brownie
October 14	J-Low Birthday Thriller Dance Party in partnership with RACE Dance Company	ALL GSWESTOK Girl Scouts
October 28-29	Jack-O-Lantern Jamboree	ALL GSWESTOK Girl Scouts

November		
Date	Program Event	Girl Scout Level
November 7	Tinker Federal Credit Union Money Badge Workshop	Daisy, Brownie, Junior
November 7	Open Climbing	Brownie, Junior, Cadette, Senior, Ambassador
November 9	(Enid) Bronze, Silver and Gold Award Workshop	Senior, Ambassador
November 14	Friendsgiving	Brownies, Junior
November 16	Mushroom Cultivation Workshop with Oklahoma Fungi	ALL GSWESTOK Girl Scouts
November 19	STEAM Queens: Career Exploration	Daisy, Brownie, Junior, Cadette, Senior, Ambassador

December		
Date	Program Event	Girl Scout Level
December 1	IFLY	Cadette, Senior, Ambassador
December 1	Art Smart Night	Daisy, Brownie, Junior
December 12	Open Climbing	Brownie, Junior, Cadette, Senior, Ambassador

January		
Date	Program Event	Girl Scout Level
January 6	Makers at the Museum	Daisy, Brownie, Junior
January 9	Nourish Her Badge Workshop	Cadette, Senior, Ambassador
January 16	(Lawton) Bronze, Silver and Gold Award Workshop	Cadette, Senior, Ambassador
January 21	Oklahoma City Museum of Art (OKC MOA) Badge Workshop	Cadette



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August 🔷

August 🔷



ALL GSWESTOK Girl Scouts

Code Camp Kidz

Date: July-September sign up

Location: Virtual Fee: \$23.50 for Girl Scouts

Registration Deadline: September

Contact: info@gswestok.org



Cadette Senior Ambassador

Girls will build website programming skills with fun and achievable online learning platforms. Girl Scouts can work with experienced professional coders, overcome obstacles, build problem solving skills, and develop confidence as an independent web developer. It's an online workshop where you can learn programming and coding basics. This course is completely virtual, so Girl Scouts are able to complete the program as your schedule allows.

Badges Earned: Think Like a Programmer | Think Like a Programmer Think Like a Programmer | Coding Basics | Coding Basics | Coding Basics App Development | App Development | App Development

Secret Service Cyber Security Troop Activity

Location: Your normal troop meeting space

Registration Deadline: January 12 for January 16 Workshop

Contact: fsdncmec@usss.dhs.gov

The U.S. Secret Service has more than 100 Special Agents trained by the National Center for Missing and Exploited Children (NCMEC) to provide presentations to Girl Scout Troops. Special Agents can provide age-appropriate presentations on internet and personal safety as well as other topics such as social media etiquette and cyber bullying.

Special Agents, with parental consent, can also provide Girl Scouts and their parents with a document containing biographical data, current photographs, and fingerprints to quickly give to law enforcement authorities should their Girl Scout ever become missing.

Troops can book a Special Agent visit at their meetings by contacting Special Agent Erik Bassler at fsdnmec@uss.dhs.gov



Horseback Riding Workshop at Old Mountain Farms Troop Outing

Location: Old Mountain Farms 20827 E Country Road 153 Blair, OK 73526 Fee: 2-4 Girl Scouts \$600, 5 Girl Scouts \$700, 6 Girl Scouts \$750, 7 Girl Scouts \$850, 8 Girl Scouts \$900

Registration Deadline: Must register a month before you are wanting

to attend the workshop.

Contact: pellmail1965@gmail.com

Visit Old Mountain Farms to learn all about horses and get a chance to ride one! Contact Anne Pelletier at least a month before you'd like to ride to get scheduled. The badge takes 6-7 hours to complete.

Badges Earned: Horseback Riding

September 🔷



September •



Bronze and Silver Award Workshop Junior Cadette



Date: September 7 at 6 p.m. (OKC) and November 9 at 5 p.m. (Enid) and January 16 at 5 p.m. (Lawton)

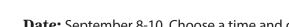
Location: Mary Nichols' Leadership Center (September 7), Enid (November 9), Lawton (January 16)

Registration Deadline: August 31 for September 7 Workshop, November 2 for November 9 Workshop and January 12 for January 16 Workshop

Fee: \$0

Contact: info@gswestok.org

If you are a Junior or Cadette Girl Scout interested in earning a Bronze or Silver Award, come join us to learn how! This workshop will give girls all the information that they will need to get started. GSWESTOK encourages girls to have finish a Journey and the Take Action Project that goes along with it before attending a workshop.



Girl Scouts Love State Parks

ALL GSWESTOK Girl Scouts

Date: September 8-10, Choose a time and day that works best for your Troop

Location: Any State Park

Fee: \$0 per participant, will receive Girl Scouts Love State Parks Fun Patch

Registration Deadline: September 8

Contact: info@gswestok.org

It's time to celebrate Oklahoma's natural resources - and try to win a prize! During the weekend of September 8-10, visit any Oklahoma State Park to earn a Girl Scouts Love State Parks Fun Patch. Download FREE activity passports created by GSUSA and complete them at a State Park to earn your Fun Patch. GSWESTOK encourages troops to select one activity from the list below and send photos to azahn@gswestok.org or tag #GSWESTOK on social media. GSWESTOK staff will choose a winning Troop for a special prize.

Thanks to Oklahoma State Parks all Girl Scouts can park for FREE if they visit an Oklahoma State Park betweeen September 8-10. To receive complimentary parking, visitors need to check in with the park office and provide their licesnse plate number.

Given the high temperatures, before you head out, remember to be safe by bringing water, sunscreen, and a hat, and using the buddy system during your outdoor activities.

Activities to complete for contest—choose one to do as a Troop!

- 1. Imagine you are a flying insect- what type are you and what will you explore?
- 2. Paint a scene from the top of a mountain or tall building
- 3. Squish mud between your fingers
- 4. Partner with your best friend(s) to identify the different types of clouds- have fun spotting familiar shapes, too!
- 5. Camp outdoors overnight
- 6. Identify five constellations
- 7. Take a selfie connecting with nature at a local, state, or national park
- 8. Practice yoga outside for twenty minutes
- 9. Teach a friend an outdoor survival skill such as water purification
- 10. Safely observe storm clouds and describe their movement to a family member
- 11. Meditate for five minutes in nature
- 12. Teach a friend how to use a compass
- 13. Learn about how to protect trees from invasive species using the Tree Promise Toolkit

Badge: Girl Scouts Love State Parks Fun Patch





Date: September 14 from 5:30 p.m.-7:30 p.m.

Location: Mary Nichols' Leadership Center Fee: \$15 per Girl Scout, \$20 for Non-Girl Scouts

Registration Deadline: September 12

Contact: info@gswestok.org

Looking to work on your Savvy Saver or Financial Independence Badge? Come learn about investing basics, income, budgeting tips, and good spending habits. Get tips from Dr. Anderson who will teach girls how to budget. Learn about budgeting rules and spending habits to live by. Dr. Anderson will answer questions and girls will learn about fast rules for budgeting. Financial advisors will teach what online tools are helpful to organize and track your spending habits. Also, find out how to plan for a big expense, compare ways to borrow money, and create a budget for a big

Badges Earned: Savvy Savior | Financial Independence



September •

September •





Date: September 21 from 6 p.m.-8 p.m.

Location: Camp Trivera

Fee: \$15 per Girl Scout, \$20 per Non-Girl Scout **Registration Deadline:** September 19

Contact: info@gswestok.org



Join us for a day of positivity and self-care! Girl Scouts will participate in the CARE Center's ROAR program that teaches them how to stand up to abuse and stay safe in potentially dangerous situations. The workshop is all about taking care of YOU in different ways and putting yourself first. Girl Scouts will make bath bombs, paint pots to take home and learn ways to be their best self.

Badges Earned: ALL Girls: Mental Health Patch | Badge Progress: My Best Self

Senior Ambassador

Girl Fest: Animal Lovers

ALL GSWESTOK Girl Scouts

Date: September 29th from 6 p.m.-9 p.m.

Location: 5201 Cimarron Road Northwest Piedmont, OK 73078

Fee: \$14 per Girl Scout, \$17 per Child Non-Member, \$22 per Non-Girl Scout,

Registration Deadline: September 19

Contact: info@gswestok.org

Join us for a Fun Farm evening at Chester's Party Barn and Farm. All participants will be provided with a meal, pie pumpkin to take home, tractor rides, pony rides (must weigh 75 lbs or less), petting zoo with food included, mystery maze, giant slides and playground area. Plus, priceless memories to be made with friends and family. Concessions will be open to purchase additional drinks, snacks and candy. GSWESTOK will also have badge activities in the barn to earn the newly released and updated Animal Badges for Daisies, Juniors and Cadettes as well as fun activities/opportunities to help kick off MY24.

> **Badges Earned:** ALL Girls: Girl Fest Patch | Animal Observer | Pets | Animal Habitats | Badge Progress Animal Helper | Badge Progress Voice for Animals

Girl Fest Patch included in registration, other Animal Badges available for purchase at event.

Open Climbing

Date: September 26, 2023 from 5:00 – 8:00 PM Brownie Junior

Location: Camp Trivera

Fee: \$5 per Girl Scout, \$8 for Non-Girl Scouts **Registration Deadline:** September 22, 2023

Contact: klewis@gswestok.org

Challenge yourself on the rock wall at Camp Trivera. Receive safety instructions on the auto-belay system and then climb as much as you like!





October

October



Journey: Agent of Change

Date: Tuesday October 3rd, 10th, 17th, 24th from 6 p.m.-7:30 p.m.

Location: Mary Nichols' Leadership Center

Fee: \$45 per Girl Scout

Registration Deadline: September 26

Contact: info@gswestok.org

Calling ALL Juniors! Join us to complete the Agent of Change Journey on Tuesday evenings in October. The Agent of Change Junior Journey specifically focuses on exploring the talents of Girl Scouts as well as important women in girls' family, community, and world. Girls will discover their own special leadership powers but also learn that together girls can combine these powers to form an unstoppable team and community.

Badge Progress: Agent of Change Junior Journey Award Set | Girls will need to complete the Take Action portion of the Journey on their own, but GSWESTOK staff will provide resources and ideas on how to complete this portion on your own time.

GSWESTOK Book Club

Date: October 2023-September 2024, once a month **Fee:** Discounts will be offered for books each month from local bookstores and GSWESTOK has partnerships with local libraries for books

Registration Deadline: October 6 Contact: info@gswestok.org



Do you love books?! Join GSWESTOK's Book Club. Sign up for GSWESTOK Book Club will be available at Girl Fest on September 29 and online starting the first week of October. There will be opportunities to gather with friends within your Girl Scout level to discuss the book of the month, discounts from local bookstores on each month's book and a book swap at Girl Fest in 2024. Different books will be chosen each month that are age appropriate for each Girl Scout level. Fun Patch included for all participants!

October Books listed below:

Daisies | Brownies | Juniors: Herstory: 50 Women and Girls Who Shook Up the World by Katherine Halligan or March On!: The Day My Brother Martin Changed the World by Christine King Farris

Cadettes | Seniors | Amassadors: Teen Trailblazer: 30 Fearless Girls Who Changed the World Before The Were 20 by Jennifer Calvert

Badges Earned: Book Fun Patch



Mushroom Cultivation Workshop with Oklahoma Fungi

Date: October 3rd, 2023 from 6:00 – 7:00 PM

Location: Camp Trivera **Fee:** \$15 per Girl Scout

Registration Deadline: September 19th, 2023

Contact: aparnell@gswestok.org



ALL GSWESTOK Girl Scouts

Do you love mushrooms? Have you ever wanted to learn how to grow them at home? If the answer is YES, this is the perfect event for you! We are hosting a mushroom education class for beginners who want to learn the basics of mushroom cultivation. We will have mushroom kits, educational booklets, and examples of the growing supplies/equipment commonly used.

Topics to be covered during the workshop:

- The lifecycle of a mushroom
- · How to grow mushrooms from spore, liquid culture or spawn
- How to prepare grains and substrate for use
- How to cook mushrooms or save them for later use





October

GIRLTopia Visionary Journey

Senio



Date: Thursday October 5 and 19, November 2 and January 11 from 5:30 p.m.-7:30 p.m. **Location:** Mary Nichols' Leadership Center

Fee: \$45 per Girl Scout

Registration Deadline: September 26

Contact: info@gswestok.org

Are you a Senior Girl Scout? Are you planning to earn your Gold Award? Do you have an interest in changing the world? If you answered yes to these questions, this series is for you! Join other Senior Girl Scouts on a Journey to prepare for earning a Gold Award. This series will assist girls in completing the GIRLtopia Journey, which is one of the first steps in earning a Gold Award. On the Journey girls will create an ideal community where Girl Scouts' values, needs, and interests are respected and celebrated. Senior Girl Scouts participating in this Journey will identify a community issue and the group will create an artistic vision to correct this issue.

Badge Progress: Visionary Badge | Senior Girl Scouts will need to complete the Take Action portion of the Journey on their own. GSWESTOK staff will provide resources and ideas on how to complete this portion on your own time.

Open Climbing

Date: October 10, 2023 from 5:00 – 8:00 PM

Location: Camp Trivera

Fee: \$5 per Girl Scout, \$8 for Non-Girl Scouts **Registration Deadline:** October 6, 2023

Contact: klewis@gswestok.org

Brownie Junior Cadette
Senior Ambassador

Challenge yourself on the rock wall at Camp Trivera. Receive safety instructions on the auto-belay system and then climb as much as you like!

Freaky Friday the 13th: Home Scientists

Date: October 13th from 6 p.m.- 8 p.m.

Location: Camp Trivera

Fee: \$10 per Girl Scout, \$12 per Non-Girl Scout

Registration Deadline: October 6 **Contact:** info@gswestok.org











Step into a world where science, technology, engineering, art, and mathematics (STEAM) blend with the eerie spirit of Halloween at "Freaky Friday the 13th!" Join us for a spine-tingling celebration of all things STEAM, where creativity and innovation meet the mysteries of the universe. Girls are encouraged to dress up as GSWESTOK's favorite girl scientist, Wednesday Addams, or other STEAM-inspired costumes for the evening as they learn engineering skills, experiment with creepy science, and much more. This will be an evening full of thrilling discoveries, creepy challenges, and magical scientific adventures to earn a Home Scientist Badge or Home Scientist Fun Patch.

Badges Earned: Home Scientist | Home Scientist Fun Patch

October

Dancer Badge Workshop in partnership with RACE Dance Company

Date: October 14th (Workshop 2 p.m. - 3 p.m., J-Low Birthday Party 3 p.m. - 4 p.m.)

Location: Camp Trivera

Fee: \$16 per Girl Scout, \$22 for Non-Girl Scout

Registration Deadline: October 9

Contact: info@gswestok.org







Calling ALL Brownies! Do you want to learn a fun dance with new friends and earn your Dancer Badge while doing it? RACE Dance Company will teach Brownies some new moves as well as the history of the dance you'll learn with friends. Stay afterward when we turn down the lights and invite all GSWESTOK Girl Scouts for a dance workshop and party to celebrate our founder, Juliette Gordon Low's Birthday. All Brownies registered for the workshop will have access to the Birthday festivities.

Badges Earned: Dancer Badge

J-Low Birthday Thriller Dance Party in partnership with RACE Dance Company

Date: October 14 from 3 p.m.-4 p.m.

Location: Camp Trivera

Fee: \$11 per Girl Scout, \$17 for Non-Girl Scouts

Registration Deadline: October 9

Contact: info@gswestok.org

Want a chance to learn the moves to the fall favorite Thriller with fellow Girl Scouts and celebrate our founder, Juliette Gordon Low's Birthday? Then join us as RACE Dance Company walks girls through the steps of this classic dance and stay for MORE dancing and cupcakes to celebrate our founder's birthday a little early this year. Girls are encouraged to dress up in Michael Jackson, zombie or 80's style attire.

ALL GSWESTOK Girl Scouts



Jack-O-Lantern Jamboree

ALL GSWESTOK Girl Scouts

Date: October 28th-29th, 2023 from 11:00 AM Saturday – 10:00 AM Sunday

Location: Camp E-Ko-Wah

Fee: \$12 per Person for Saturday Only, \$15 per Person for Saturday Overnight

Registration Deadline: October 13th, 2023

Contact: aparnell@gswestok.org



Join us for GSWESTOK's First Annual Jack-O-Lantern Jamboree family camp at Camp E-Ko-Wah this October! In addition to Halloween themed versions of your favorite Girl Scout camp activities, fang-tastic festivities include a costume contest, Hallo-weenie roast, spooky STEM punkin chunkin, and more! Price includes a fun patch, snack and dinner on Saturday, and grab and go breakfast on Sunday for overnighters. Tagalongs are welcome to attend.

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November 🛑

November 🛑

Tinker Federal Credit Union Money Badge Workshop

Date: November 7 from 6 p.m.-7 p.m. **Location:** Mary Nichols' Leadership Center Fee: \$10 per Girl Scout, \$15 per Non-Girl Scout **Registration Deadline:** November 3





Contact: info@gswestok.org

Earn. Save. Spend. This is the money cycle Girl Scouts will learn about! Tinker Federal Credit Union will be teaching Daisies, Brownies and Juniors all about money and how to use it properly. Girls will learn how to explain the relationship between work, earning money and identifying ways that people use their money, including spending and saving. Girl Scouts will have fun setting goals and creating budgets that can one day help them pay for things they want and need.

Badges Earned: Money Explorer | My Own Budget | Budget Maker



Open Climbing



Date: November 7, 2023 from 5:00 - 8:00 PM

Location: Camp Trivera

Fee: \$5 per Girl Scout, \$8 for Non-Girl Scouts Registration Deadline: November 3, 2023

Contact: klewis@gswestok.org

Challenge yourself on the rock wall at Camp Trivera. Receive safety instructions on the auto-belay system and then climb as much as you like!

Gold Award Workshop



Date: November 9 (Enid), January 16 (Lawton) from 6 p.m.-8 p.m. **Location:** Enid (November 9) Enid (January 16)

Fee: \$0

Registration Deadline: November 3 for November 9 Workshop and January 12 for January 16 Workshop

Contact: info@gswestok.org

Interested in earning your Gold Award? Attending a gold workshop is the first step any Senior or Ambassador Girl Scout needs to take on their path to going gold! Attendees will be given all the tools necessary to understand and earn their Gold Award.

- Hear from Gold Committee members about the process for the Gold Award
- Create a vision board to figure out what you are looking for in a Gold Award Project
- Learn about GoGold and how to navigate it
- Play games and meet other Girl Scouts

Friendsgiving

Date: November 14 from 6 p.m.-8 p.m. **Location:** Mary Nichols' Leadership Center Fee: \$10 per Girl Scout and \$12 per Non-Girl Scout

Registration Deadline: November 10

Contact: info@gswestok.org

Learn about being a good friend and the importance of social etiquette when you participate in a Girl Scout Friendsgiving meal. Each girl will bring a recipe of her favorite snack or dish to share with new friends.

Badges: Making Friends | Social Butterfly

Mushroom Cultivation Workshop with Oklahoma Fungi

Date: November 16th, 2023 from 6:00 – 7:00 PM

Location: Camp Trivera Fee: \$15 per Girl Scout

Registration Deadline: November 2nd, 2023

Contact: aparnell@gswestok.org

Do you love mushrooms? Have you ever wanted to learn how to grow them at home? If the answer is YES, this is the perfect event for you! We are hosting a mushroom education class for beginners who want to learn the basics of mushroom cultivation. We will have mushroom kits, educational booklets, and examples of the growing supplies/equipment commonly used.

Topics to be covered during the workshop:

- The lifecycle of a mushroom
- How to grow mushrooms from spore, liquid culture or spawn
- How to prepare grains and substrate for use
- How to cook mushrooms or save them for later use

STEAM Queens: Career Exploration

Date: November 19 from 2 p.m.-4 p.m.

Location: Camp Trivera

Fee: \$10 per Girl Scout, \$12 per Non-Girl Scout **Registration Deadline:** November 11

Contact: info@gswestok.org

ALL GSWESTOK Girl Scouts





Brownie Junior



Join us for "STEAM Queens" and be inspired by the remarkable accomplishments of women who have revolutionized the world of science, technology, engineering, art, and math. Spend time connecting with local women in various STEAM fields, asking them questions and learning what it takes to be a STEAM Queen. Participate in hands-on activities about programming, chemistry, aerospace, mechanical engineering, and other cutting-edge topics. Engage in design thinking exercises and collaborative problem-solving challenges. You'll celebrate achievements of women who paved the way, empower future generations of girls in STEAM, and earn your Career Exploration Badge!

Badges Earned: Career Exploration | Career Exploration | Career Exploration |

Career Exploration | Career Exploration | Career Exploration

December 🛑

December 🛑



IFLY

Date: December 1 from 5 p.m.-9 p.m. **Location:** IFLY Indoor Skydiving

Fee: \$45 for Girl Scouts

Registration Deadline: November 20 **Contact:** info@gswestok.org

where you can make new friends and enjoy



Cadette Senior Ambassador

Calling all Cadettes, Senior and Ambassadors! Have you ever wanted to feel like a superhero or a secret agent on a mission? Come fly with IFLY! This opportunity includes a STEM program plus two flights at a discounted rate. A certified instructor will lead you through flight and safety training. The STEM activities include learning about the shape of a canopy along with a ball flight lab. Come join us on a fun flying adventure

some pizza.









Open Climbing

Date: December 12, 2023 from 5:00 - 8:00 PM

Location: Camp Trivera

Fee: \$5 per Girl Scout, \$8 for Non-Girl Scouts **Registration Deadline:** December 8, 2023

Contact: klewis@gswestok.org

Challenge yourself on the rock wall at Camp Trivera. Receive safety instructions on the auto-belay system and then climb as much as you like!

Art Smart Night

Date: December 1 from 6 p.m.-8 p.m. **Location:** Edmond Fine Arts Institute at 27 E Edwards St. Edmond, OK 73034

Fee: \$15 for Girl Scouts and \$20 for Non-Girl Scouts

Registration Deadline: November 20

Contact: info@gswestok.org





Come join us at Edmond Fine Arts Institute for an evening of creating and crafting. Daises, Brownies and Juniors will be able to earn their Craft and Tinker Badge as well as learn fun new skills and techniques. This is a great opportunity to learn, grow, and bond with fellow troop members or new friends, as well as

have fun exploring the world of the arts!

Badges Earned: Craft and Tinker | Craft and Tinker Craft and Tinker





January 🛑





Makers at the Museum Daisy Brownie Junior







Date: January 6 at 11 a.m. and Family Tour at 1 p.m.

Location: Oklahoma Contemporary Arts Center at 11 NW 11th St.

Oklahoma City, OK 73103

Fee: \$20 per Girl Scout, Non-Girl Scout: \$25 Registration Deadline: January 4

Contact: info@gswestok.org

Join us for a fun-filled afternoon at the Oklahoma Contemporary Arts Center where girls will discuss the new Makers Badges and get facetime with a former Girl Scouts who now work at the Oklahoma Contemporary Arts Center OKC. A local artist will lead a STEAM experience. Families are welcome to join for a tour at 1 p.m. to explore an exhibition inspired by Tulsa Native and former Poet Laureate Joy Harjo.

Badges Earned: Art and Design | Art and Design | Art and Design





Date: January 21 from 2 p.m.-4 p.m.

Location: 415 Couch Drive Oklahoma City, OK 73102 Fee: \$10 per Girl Scouts: \$20 for Non-Girl Scouts

Registration Deadline: January 17

Contact: info@gswestok.org

Cadette

Please come join us for a day of fun at the Oklahoma City Museum of Art (OKC MOA)! Girls will earn their Book Artist Badge, create a decorative journal, tour the museum and learn about conservation. Girls will experience special highlights of the OKCMOA tour, walk through the Chihuly Exhibit, and discover the wonders of Native American Art by Preston Singletary. Kerri Shadid, an Oklahoma City Poet and Visual Artist, will lead a lesson on decorative art making. Kerri is known for her poems and hand-marble poetry books. Girls will learn marbling techniques and different patterns to make take home marbled notecards.

Badge Earned: Book Artist

Nourish Her Badge Workshop

Date: January 9 from 6 p.m.-8 p.m.

Location: Mary Nichols' Leadership Center Fee: \$20 per Girl Scout, Non-Girl Scout: \$25

Registration Deadline: January 4

Contact: info@gswestok.org

Cadette Senior Ambassador

Calling all Cadettes, Seniors and Ambassadors learn about your health and ways to improve with Oklahoma City University School of Nursing. Nutrition isn't just about maintaining a healthy weight. Eating well helps people inside and out. Choosing the right foods can help people sleep better, stress less, and get smooth skin, shiny hair and strong nails. In this badge workshop, girls will find out how to eat to keep their skin glowing, their minds focused, and their energy flowing. Not only will you learn how to eat healthy, but a fellow Girl Scout, Olivia Ehnert, who is working on her Gold Award will lead a discussion and break out session on eating disorders and mental health.

Badges Earned: Nourish Her Fun Patch | Eating for You | Eating for You | Eating for You



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