



Last Chance!

Birthday Week patch is retiring. Limited supplies available.

Girl Scout Birthday Week Council Patch Program

Girl Scouts - North Carolina Coastal Pines
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The activities in this council patch program have been inspired by a combination of many different facets of the Girl Scout organization, including: the celebration of Girl Scout Week, GSUSA program, Girl Scouts- North Carolina Coastal Pines' Spirit Week, and other Girl Scout traditions. The variety of activities will encourage all Girl Scouts, no matter their interest or age level to participate.

This council patch program should be used to encourage Girl Scouts of all grade levels to observe the significance of Girl Scout Week, Girl Scout traditions, and to help them demonstrate pride in being a member of the world's largest organization for girls.

The Girl Scout Birthday Week Patch Program was originally developed by Girl Scout Troop #1797. Girl Scouts – North Carolina Coastal Pines thanks troop 1797 for the original activity content. Over time these activities have been added to and updated to complement the Spirit Week theme.

The Girl Scout Birthday on March 12th commemorates the day in 1912 when Juliette “Daisy” Gordon Low officially registered the organization’s first 18 members in Savannah, Georgia. Along with Daisy, these first Girl Scouts blazed trails and redefined what was possible for themselves and for girls everywhere. The long history of Girl Scouting has inspired millions of girls and women to gain courage, confidence and character, while making the world a better place.



Girl Scouts can complete the Girl Scout Birthday Week patch program each year. Those participating in the **Girl Scout Birthday Week** patch program for the first time will earn the original Girl Scout Birthday Week patch pictured here. Girl Scout Birthday Week patch program retires in 2023. Limited supplies available.



Second year participants will earn a **second-year rocker** and so on. Additional rockers are placed under the Girl Scout Birthday Week patch.

To earn the **Girl Scout Birthday Week** patch, the following requirements must be met:

Girl Scout Level	Discover	Connect	Take Action	Spirit Week Activities	Total Activities
Daisies	1	1	1	2	5
Brownies	2	2	2	3	9
Juniors	2	2	2	3	9
Cadettes	3	3	3	3	12
Seniors	3	3	3	3	12
Ambassadors	3	3	3	3	12

DISCOVER:

- Reflect on the Girl Scout Law. Journal about ways you can practice the Law throughout the year.
- Get outside. Explore a new park or just take a walk.
- Learn about our [Girl Scout history](#).
- Do an experiment. Check out the [Girl Scouting at Home](#) STEM resources.
- Learn a new Girl Scout [song](#).
- Rock your Girl Scout pride by wearing your favorite Girl Scout merch to school during Spirit Week. [Need something new](#), just reach out to the retail team at shop@nccoastalpines.org.
- Explore your artistic side. Dive into the [Girl Scout Way badge](#) activities shared in Girl Scouting at Home, where you can express yourself through song, art, celebration and writing.
- Learn the birthday song in another language.
- Explore how to earn your [My Promise, My Faith](#) pin.
- Research the religious recognitions that can be earned by Girl Scouts. With the help of your family, visit the [Girl Scouts and Faith](#) website for more information.
- Think of a problem in your community or in the world. What are some creative ways to take action and address the issue? Write them down.
- Learn how an object (examples: lipstick, iPhone, camera) is made, ask an expert or watch a video.

- The [World Association of Girl Guides and Girl Scouts](#) (WAGGGS) reaches 10 million girls and young women in 150 countries across five regions. Visit the World Association of Girl Guides and Girl Scouts (WAGGGS) website to learn more. Then check out the [Girl Scouting at Home](#) post for information on the World Centers.
- Broaden your view of the world and understanding of others by reading a book from the suggested reading list for the [Thrive Book Series](#). Don't forget to [order](#) your Thrive Book Series patch for participating.



CONNECT:

- It's time to celebrate you! You are unique, there's simply no one who is just like you! We're excited to hear what makes you, well ... YOU! Complete the [How Do You Thrive](#) patch by meeting someone new, sharing what makes you unique and learning about the other person's uniqueness. Find out a little about your differences and then celebrate what makes you your own person.
- With the help of your troop or friends, plan a Girl Scout birthday party with cake, games, and other Girl Scout traditions. How can everyone be involved in carrying out the party plans?
- Research how other cultures celebrate birthdays. Can you incorporate your findings into your Girl Scout Birthday Week celebration?
- Bring the Girl Scout Birthday Week celebration home. Decorate the dinner table with homemade decorations and talk about the importance of the Girl Scout birthday with your family.
- Make a poster of your favorite Juliette Gordon Low quote and share with your troop or family.
- Invite a friend who is not a Girl Scout to attend your next meeting or outing.
- Accept the challenge! Learn about different people, cultures, customs, and more by completing the [Thrive Challenge](#). Don't forget to [order](#) your Thrive Challenge patch.
- Interview a courageous woman. See the [Resource Section](#) for interview question ideas.
- Make a SWAP or craft about Juliette Gordon Low or other parts of Girl Scout history. Recruit a Girl Scout sister to do the same. Swap with her!
- Use the [Family Connection](#) guide to try family activities that will bring joy, comfort, and adventure to your whole crew.
- Provide your place of worship with Girl Scout material to share during weekly services.
- If you've identified an issue in your community, enlist the help of your Girl Scouts sisters or your Girl Scout network to broaden your reach. Connect with these people to see how they can support you as you Take Action to solve a community issue.
- Learn a new game and teach it to your friends or another Girl Scout troop.



TAKE ACTION:

- Attend your place of worship and offer a greeting or perform a service.
- Complete GS-NCCP's [Diversity, Equity, Inclusion](#) council patch program for your Girl Scout level. Don't forget to [order](#) your Diversity / Equity / Inclusion patch.
- Do a good deed for someone in your family.
- Girl Scouts around the nation leap to the aid of others by engaging in acts of service and kindness. You can get involved in these unique Girl Scout activities, too. Participate in a [National Service Project](#).
- Clean up your community by picking up trash at a local park, hiking trail, or waterway.
- You've identified an issue in your community, mobilized your Girl Scout network, and now it's time to Take Action. You've got a plan, so put it in action. You go Girl Scout!
- Boost your mental health by completing the [Resilient. Ready. Strong.](#) patch program.

- With help of an adult (if needed), find and make a recipe from another country. Consider hosting a dinner for your family and sharing information about the country, culture, and cuisine.
- Bake cupcakes or cookies and give them to your family or neighbors. When you deliver the goodies, tell them about the Girl Scout birthday and share a Girl Scout story.
- Make bedtime bags or birthday boxes for homeless shelters or foster homes. See the [Resource Section](#) for instructions.
- Donate your old books to a library, canned goods to the shelter, or clothing to a charity.
- Plant a pollinator garden to help save honeybees. See the [Resource Section](#) for planting ideas.
- Make your own pet toys and give them to a shelter. See the [Resource Section](#) for ideas.

2023 SPIRIT WEEK

2023 Spirit Week Theme: One little spark! That's all it takes to ignite a Girl Scout spirit!
Sunday, March 12 th • Girl Scout Birthday & Girl Scout Sunday
Monday, March 13 th • Ignite Your Sisterhood Spirit
Tuesday, March 14 th • Spark Learning and Traditions
Wednesday, March 15 th • Ignite Healthy Habits
Thursday, March 16 th • Spark Change
Friday, March 17 th • Girl Scout Jummah & Girl Scout Sabbath / Shabbat
Saturday, March 18 th • Girl Scout Sabbath / Shabbat

Read on for ideas on how to observe Spirit Week. Follow us on social media and share your stories. Check us out on [Facebook](#) and [Instagram](#) or use our story submission [form](#). Remember, it's your week! Celebrate in true Girl Scout fashion by keeping it girl led.

Sunday, March 12th Girl Scout Birthday

It's time to celebrate Girl Scout's birthday. March 12th marks 111 years of building girls of courage, confidence, and character, who make the world a better place. Now that's something to celebrate!

- This is your final chance to complete GS-NCCP's [Girl Scout Birthday Week](#) patch program. This patch program is retiring! Limited number of patches are available.
- Make a SWAP (Special Whatchamacallits Affectionately Pinned Somewhere) that celebrates the Girl Scout birthday. Share this small token of friendship with another Girl Scout.
- It's time to celebrate you! You are unique, there's simply no one who is just like you! We're excited to hear what makes you, well ... YOU! Complete the [How Do You Thrive](#) patch by meeting someone new, sharing what makes you unique and learning about the other person's uniqueness. Find out a little about your differences and then celebrate what makes you your own person.
- How did you celebrate the Girl Scout birthday? [Share](#) your celebration stories and photos with us!

Sunday, March 12th Girl Scout Sunday

Everything in Girl Scouting is based on the Girl Scout Promise and Law, which include many of the principles and values common to most faiths. So, while we're a secular organization, Girl Scouts has encouraged girls to take spiritual journeys via their faiths' religious recognitions. Girl Scouts can collaborate with faith partners to continue established relationships and spark new ones.

- Wear your uniform to your place of worship.
- Earn the [My Promise, My Faith](#) pin which can be completed each year.
- Attend your place of worship and offer a greeting or perform a service.
- [Share](#) your Girl Scout Sunday experience with us!

Girl Scout Sunday, Sabbath/Shabbat, and Jummah give girls an opportunity to attend their place of worship and be recognized as Girl Scouts. If a place of worship is the group sponsor, girls may perform a service, such as greeting, ushering, or doing a flag ceremony. These days can also be a time when girls explore other faiths. Girl Scout Week faith observances can be celebrated by any faith group. For celebration resources and additional information on Girl Scouts and Faith, click [here](#).

Message from the Retail Shop:

Girl Scouts have longstanding traditions of celebrating with faith partners, during Girl Scout Week and throughout the year. The Girl Scout Sunday and Girl Scout Faith patches commemorate Girl Scout and faith celebration, activity or event, whether in-person or virtual. These and all fun patches are available in your council retail shops this week for 10% off! To place an order, call 1-800-284-4475 or email shop@nccoastalpines.org. We look forward to serving you!

Monday, March 13th Ignite Your Sisterhood Spirit

For 111 years, Girl Scouts have been creating a sisterhood that encourages friendships and a network that support each other and our communities. Every Girl Scout is a part of this amazing sisterhood. Show your support by learning about the Girl Scout sisterhood and rockin' your Girl Scout spirit!

- Learn about our global sisterhood – [World Association of Girl Guides and Girl Scouts](#).
- Did you know that famous Girl Scout alums on the stage and screen include Taylor Swift, Mariah Carey, Abigail Breslin, Gwyneth Paltrow, and Dakota Fanning? Research other famous Girl Scout alumnae.
- We're stronger together. Expand the sisterhood by inviting a friend to join your troop, [attend an event](#) with you, or sign up for Girl Scout [summer resident camp](#).
- Learn about the diversity our sisterhood by participating in the [Building Beyond Today](#) Thrive Series patch programs.
- [Share](#) your sisterhood stories with us!

Message from the Retail Shop:

It's Girl Scout Birthday week and your council retail shops are having a party! Join us in shops located in Goldsboro, Fayetteville, Raleigh, and Wilmington for special retail promotions and celebrations this week. Sign our Girl Scout Birthday card, visit our selfie station. Plus, receive a free fun patch with any purchase over \$25. Please limit one patch per transaction, while supplies last.

Tuesday, March 14th Spark Learning & Traditions

From the Girl Scout handshake and Quiet Sign to the Friendship Circle and more, Girl Scouts is teaming with traditions. Explore our Girl Scout traditions and learn more about our rich history.

- Learn about a Girl Scout tradition and then incorporate it into your Girl Scout experience.
- Put the [Girl Scout Promise and Law](#) into action.
- Sing the [songs](#) that Girl Scouts know and love, like Make New Friends.
- Learn about our [Girl Scout history](#).
- [Share](#) your favorite Girl Scout memories and traditions with us.

Message from the Retail Shop:

As a Girl Scout, you're a part of a strong heritage more than 100 years in the making, and it shows when you wear your Girl Scout uniform. Your vest, tunic, or sash should be worn at Girl Scout events and you

can customize with each new achievement or memory. Wondering what to wear with your uniform? The official apparel collection contains mix and match pieces for all levels, and are 20% off this week in your council retail shops. Orders can be placed by calling 1-800-284-4475 or email shop@nccoastalpines.org. We look forward to serving you!

Wednesday, March 15th Ignite Healthy Habits

Between running their own cookie businesses to tackling robotics badges and exploring the outdoors, there's doubt about it, Girl Scouts are busy! Try building mindfulness, resilience, and relaxation into your Girl Scout experience.

- We asked Girl Scouts across our 41-county footprint to share their tips for overall better wellness. [Adopt one of these tips](#) for better mental and physical health.
- Boost your mental health by completing the [Resilient. Ready. Strong.](#) patch program.
- Select a book from the [Thrive Book Series](#) that supports you in your endeavors. Whether that means nurturing an idea, taking advantage of a chance, or overcoming a problem, this reading list has a book for you.
- Learn about physical fitness, nutrition and overall wellness by completing the [Make Every Step Count](#) patch program.
- Use the [Family Connection](#) guide to try family activities that will bring joy, comfort, and adventure to your whole crew.
- [Share](#) your healthy habits with us.

Message from the Retail Shop:

Girl Scouts know that living healthy means eating right and being active, and real health includes getting enough sleep, practicing mindfulness, managing stress, keeping mind and body fit, connecting socially, and more. This week, when you purchase the Make Every Step Count Program Patch in your council shops, receive the Make Every Dance Step Count Program Patch as a free gift with purchase. Orders can be placed by calling 1-800-284-4475 or emailing shop@nccoastalpines.org. We look forward to serving you!

Thursday, March 16th Spark Change

Since 1912, Girl Scouting has created a community of girls invested in making the world a better place. With support from volunteers, families, and mentors, Girl Scouts are tackling issues in their communities and beyond. From protecting the environment to standing up for others, they are changemakers who can do anything. You go, Girl Scout!

- See something that isn't right? Use your voice to speak up for something or someone.
- Purchase and wear the [Building Beyond Today](#) advocacy patch. This patch signifies your willingness to build a community for all girls to thrive.
- Complete the [Thrive Challenge](#) to help create a community for all girls to thrive.
- Team up locally with your troop or family to carry out a community service project.
- Girl Scouts around the nation leap to the aid of others by engaging in acts of service and kindness. You can get involved in these unique Girl Scout activities, too. Participate in a [National Service Project](#).
- [Share](#) your change-maker story with us.

Message from the Retail Shop:

Girl Scouts make the world a better place! Save 20% off all apparel in your council retail shops during Girl Scout Birthday Week. Merchandise orders can be placed by calling 1-800-284-4475 or emailing shop@nccoastalpines.org. Offer excludes uniforms. We look forward to serving you!

Friday, March 17th Girl Scout Jummah

Everything in Girl Scouting is based on the Girl Scout Promise and Law, which include many of the principles and values common to most faiths. So, while we're a secular organization, Girl Scouts has encouraged girls to take spiritual journeys via their faiths' religious recognitions. Celebrate Girl Scouts with your faith community.

- Wear your uniform to your place of worship.
- [Earn My Promise, My Faith](#)
- Attend your place of worship and offer a greeting or perform a service.
- Purchase the Girl Scout Jummah [patch](#).
- [Share](#) your Girl Scout Jummah experience with us!

Girl Scout Sunday, Sabbath/Shabbat, and Jummah give girls an opportunity to attend their place of worship and be recognized as Girl Scouts. If a place of worship is the group sponsor, girls may perform a service, such as greeting, ushering, or doing a flag ceremony. These days can also be a time when girls explore other faiths. Girl Scout Week faith observances can be celebrated by any faith group. For celebration resources and additional information on Girl Scouts and Faith, click [here](#).

Message from the Retail Shop:

To celebrate Girl Scout Birthday week, save an extra 20% off the lowest markdown price on clearance merchandise in your council retail shops.

Friday, March 17th & Saturday, March 18th Girl Scout Sabbath / Shabbat

Everything in Girl Scouting is based on the Girl Scout Promise and Law, which include many principles and values that are common across religions. Because we understand that religious instruction is at the center of many families and communities, we invite Girl Scouts to take spiritual journeys via their faith's religious recognitions. Celebrate Girl Scouts with your faith community.

- Wear your uniform to your place of worship.
- [Earn My Promise, My Faith](#)
- Attend your place of worship and offer a greeting or perform a service.
- Purchase the Girl Scout Sabbath [patch](#).
- [Share](#) your Girl Scout Sabbath / Shabbat experience with us!

Girl Scout Sunday, Sabbath/Shabbat, and Jummah give girls an opportunity to attend their place of worship and be recognized as Girl Scouts. If a place of worship is the group sponsor, girls may perform a service, such as greeting, ushering, or doing a flag ceremony. These days can also be a time when girls explore other faiths. Girl Scout Week faith observances can be celebrated by any faith group. For celebration resources and additional information on Girl Scouts and Faith, click [here](#).

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RESOURCE SECTION

Courageous Women Interview Questions

1. Who was your female role model growing up?
2. What does 'be a leader' mean to you?
3. How do you define courage?
4. Who is a courageous female you admire?

5. How does one become courageous?
6. How have you overcome challenges in your life?
7. What advice would you give yourself at my age?
8. When was a time that you felt courageous?

You can always add more or use your own questions; these are just suggestions.

Pollinator Gardens

One of the most important ways you can help pollinators is by planting plants that provide pollen and nectar. Check out these pollinator garden resources:

These [lesson plans](#) were designed for 4th – 8th graders. However, with the help of your family or friends, all Girl Scouts may be able to complete this activity using these lesson plans from [kidsgardening.org](#).

[LASSO THE MOON](#) provides a great resource for planting a honeybee garden.

[David Suzuki Foundation](#) provides a wealth of information about creating a pollinator-friendly garden.

Bedtime Bags

Bedtime bags are a great source of comfort for children transitioning into a new home, whether it be to a new foster home or a homeless shelter. Many times, the transition is very hard on children because they don't have their own toys and blankets.

Suggested items to put into a bag:

- Blanket
- Toothbrush
- Travel toothpaste
- Book
- Stuffed animal

Birthday Boxes

Birthday boxes or bags can be donated to a homeless shelter for both children and adults because everyone deserves a birthday treat and celebration.

Suggested items to put into boxes:

- Box of cake mix
- Jar of frosting
- Disposable cake pan
- Candles
- Plates
- Napkins
- Forks
- Birthday decorations
- Small toys for kids

*Always check with the local foster care system or homeless shelter for their needs before donating items.

Homemade Pet Toys

These projects are a great way to help shelter animals from home.

[Dog Toys](#)

[Cat Toys](#)

*Always check with the local shelter before making toys and donating them.

Place [Girl Scout Birthday Week patch order and complete evaluation](#):

Follow this [link](#) to complete the patch program evaluation and to order patches.