

Not a Bummer Summer Challenge Council Patch Program

Girl Scouts - North Carolina Coastal Pines
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All Girl Scouts in K-12th grade are invited to earn the Not a Bummer Summer (NaBS) Challenge patch by taking the Not a Bummer Summer Challenge and having a summer that is simply not a bummer!

Girl Scouts must be currently registered to participate. New girls can register and join Girl Scouts for the upcoming program year, starting April 1, by selecting the extended year membership option to take advantage of this challenge and other summer fun opportunities.

Not a Bummer Summer Challenge patch program requirements:

- Activities must be complete between June 1st and August 31st of the current program year.
- Girl Scouts who complete at least 5 activities in each category (Discover, Connect, and Take Action) can purchase the NaBS Challenge patch or rocker for each year of participation at a council shop near you, use this link to [submit an order online](#) or email your order to shop@nccoastalpines.org.
- Girl Scouts are encouraged to have fun and get together with other girls when possible, maybe even participate in a little friendly competition!
- After completing the patch program, share your feedback with us by completing the online [evaluation form](#).

To earn the **Not a Bummer Summer (NaBS) Challenge** patch, these activity requirements must be met:

Girl Scout Level	Discover	Connect	Take Action
Daisies	5	5	5
Brownies	5	5	5
Juniors	5	5	5
Cadettes	5	5	5
Seniors	5	5	5
Ambassadors	5	5	5

If you are viewing this document as a printout, please note that underlined words are links to online activities. To access the activity links, go to: <https://www.nccoastalpines.org/en/about-girl-scouts/our-program/council-patch-program.html> and click on the Not a Bummer Summer council patch program link.



DISCOVER:

- Sleep under the stars
- Learn about how women were incorporated in the U.S. Military by playing ["Name That Patriot!"](#)
- Create a masterpiece using [fluff paint](#)
- [Build a home for a frog/toad to shelter in](#)
- Visit a museum to learn more about the history of North Carolina
- Learn about the benefits of [yoga](#)
- Celebrate Independence Day by taking a virtual tour of [Fort Bragg](#)
- [Create a Personal Identity Wheel and a Social Identity Wheel](#) with a friend
- Learn more about marine life by visiting a North Carolina Aquarium
- Make a [Marshmallow Catapult](#)
- Choose a book to read from the [Building Beyond Today Thrive Book Series](#)
- Learn how to tie a [Bowline Knot](#)
- Learn a new [dance](#)
- Shape a few [origami animals](#)
- Learn about a [farmers market](#)
- Learn more about Girl Scouting with the [Girl Scout Way Badge](#)
- [Identify a constellation](#)
- Research/read about female [space scientists](#)



CONNECT:

- [Decorate cupcakes](#) and share them with family/friends
- Watch the sunrise with your family
- Create and exchange [SWAPS](#) keychains with a new friend
- Host a park picnic lunch with a friend or family member
- Take bike ride with a friend
- Pick flowers and gift them to a neighbor
- Build a fort or tent in your house
- Walk a trail at your local park
- Invite a friend to the movies
- Draw sidewalk chalk art and share a photo of it with a friend
- [Share your Girl Scout story](#) with others
- Make a collage of your favorite Girl Scout memories using pictures you've taken or some you've drawn
- Invite a friend to join Girl Scouts
- With help from an adult, brainstorm ways to save money to donate to [Girl Scouts Give](#)



TAKE ACTION:

- Pick up trash from the [beach](#) or your local park
- Write a poem about what patriotism means to you
- [Become a junior ranger](#) and learn how to protect the health of North Carolina Parks
- Create and donate a [Chemo Kit](#) to your nearest hospital
- Earn the [My North Carolina Story](#) council patch program
- Help a neighbor with yardwork
- Deliver treats/food to the animal shelter
- Donate clothes that you have outgrown
- Write an encouraging message to a loved one
- Participate in one of Girl Scouts' [National Service Projects](#)
- Create and [mail a card](#) to cheer someone up
- [Send a letter or care package](#), to someone in the military
- [Plant something](#), tend to it, watch it grow
- Send a friend a digital card or encouraging text message
- Donate to a [food pantry](#)
- Write a thank you note to your mail carrier

Resource Section

Activity	Official Website
Name That Patriot!	<ul style="list-style-type: none">• https://www.nccoastalpines.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/pg938_american_patriotism_patch_program%20(1).pdf
Fluff Paint	<ul style="list-style-type: none">• https://vimeo.com/407192197
Frog/Toad House	<ul style="list-style-type: none">• https://www.nccoastalpines.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/PG943W%20Amphibians%20and%20Reptiles%20Patch%20Program.pdf
Yoga	<ul style="list-style-type: none">• https://vimeo.com/408458262
Fort Bragg (Virtual Tour)	<ul style="list-style-type: none">• https://vimeo.com/girlscoutsnccp/download/690986940/b229988103

Personal Identity Wheel/Social Identity Wheel	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/GSNCCP%20Cadette_DEI_Patch_Final.pdf
Marshmallow Catapult	<ul style="list-style-type: none"> • https://www.itsalwaysautumn.com/easy-marshmallow-catapults-summer-fun-for-kids.html
Thrive Book Series	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/en/about-girl-scouts/who-we-are/girl-scouts-and-diversity--equity--and-inclusion.html
Bowline Knot	<ul style="list-style-type: none"> • https://vimeo.com/318450812
Learn a new dance	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/PG967W%20Make%20Every%20Dance%20Step%20Count.pdf
Origami Animals	<ul style="list-style-type: none"> • https://vimeo.com/408465663
Farmers Market	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/CommunityConnection_Home%20Grown%20in%20NC_05112020.pdf
Girl Scout Way Badge	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/Girl%20Scout%20Way%20331.pdf
Identify a Constellation	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/CommunityConnection_SpaceScience.pdf
Female Space Scientists	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/SpaceScience4_10.pdf
Decorate Cupcakes	<ul style="list-style-type: none"> • https://www.girlscouts.org/en/get-involved/alums/campfire-chats/cooking/cupcake-decorating-with-girl-scout-cookies.html
SWAPS	<ul style="list-style-type: none"> ▪ https://vimeo.com/417367336
Share your Girl Scout story	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/en/our-council/story-submissions.html
Girl Scouts Give	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/en/donate/Invest-in-Girls.html
Beach Cleanup	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/PG968%20The%20North%20Carolina%20Coast%20Patch%20Program.pdf
Junior Ranger	<ul style="list-style-type: none"> • https://www.ncparks.gov/junior-rangers
Chemo Kit	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/PG923W%20Think%20Pink%20Breast%20Health%20Awareness.pdf
My North Carolina Story Patch	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/pg653_my_north_carolina_story_patch_book_final.pdf
National Service Projects	<ul style="list-style-type: none"> • https://www.girlscouts.org/en/activity-zone/national-service-projects.html
Mail a card	<ul style="list-style-type: none"> • https://www.nccoastalpin.es.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/CommunityConnection323.pdf
Send a card or care package (military)	<ul style="list-style-type: none"> • https://northcarolina.uso.org/

Plant Something	<ul style="list-style-type: none"><li data-bbox="462 100 1495 176">• https://www.nccoastalpines.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/Gardening03302020.pdf
Food Pantry Donation	<ul style="list-style-type: none"><li data-bbox="462 184 1495 289">• https://www.nccoastalpines.org/content/dam/nc-coastal-pines-images-/forms-and-documents-/CommunityConnection_Home%20Grown%20in%20NC_05112020.pdf